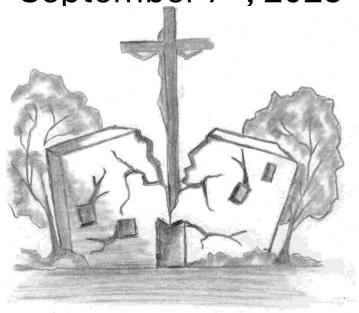
THIRTEENTH SUNDAY AFTER PENTECOST

September 7th, 2025



Messiah Lutheran Church

REV. SAMUEL J. LEISTER, PASTOR

3 SOUTH THIRD STREET MIFFLINTOWN, PA 17059 (717)-436-6213

PASTOR EMAIL: mlcsleister@gmail.com **OFFICE EMAIL:** mlchurchoffice@gmail.com

WEBSITE: mlcmifflintown.org

Teach God's Grace through Fellowship, Study, Service & Witness

TODAY'S INTRODUCTION: Called to contemplate the cost of discipleship, we might be helped by translating Paul's request to Philemon into our prayer of the day: Refresh my heart in Christ. Strengthened by the company and forgiveness of Christ in holy communion and recalling God's grace in remembrance of baptism, we can be strengthened in this hour to "choose life"—to choose life in God as our own.

Messiah Lutheran Church

3 South Third Street Mifflintown, PA 17059 Church Office: 717-436-6213

Rev. Samuel Leister
Bob St. Clair
Slone Smith
Andrea Cameron
Hannah Ehrisman
Hope & Evan Miller
Hannah Ehrisman, Olivia Mummah & Grace Miller
Christie Yorks & Sabrina Shipp
Marylou Hazard & Jean Berry
Barb Geedey

Pastor
Organist/Pianist
Organist/Pianist
Organist/Pianist
Choir Director
Lector
Acolytes
Communion/Offering Presenters
Altar Guild
Offering Counters
Manna Bread Baker

THIRTEENTH SUNDAY AFTER PENTECOST SEPTEMBER 7, 2025 – 10:00 a.m.

*Please Stand as YOU Are Able

PREPARATION

CHIMES GREETINGS AND ANNOUNCEMENTS PRELUDE

[Please use the prelude as a quiet time to prepare yourself for worship.]

- * BRIEF ORDER OF CONFESSION AND FORGIVENESS
 - P Blessed be the holy Trinity, + one God, our maker, our helper, and our keeper.
 - C Amen.
 - P Trusting in God's mercy, let us confess our sin in the presence of God and of one another.

Silence is kept for reflection

- P Merciful and loving God,
- C we are your stiff-necked people. We trample on the needy. We grumble about your grace to others. We turn away from the poor. Have mercy on us and forgive our sins. Rejoice over us as ones who were lost and have been found. Amen.
- P Even when we are faithless, God remains faithful. Jesus Christ came into the world to save sinners. You who were lost have been found. In the name of + Jesus, your sins are forgiven!
- C Amen.

GATHERING

* GATHERING HYMN

"God's Work, Our Hands"

pg. 14 in bulletin

* GREETING

- P The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.
- C And also with you.

* KYRIE ((C-Sung)

P In peace, let us pray to the Lord.

C Lord, have mercy.

P For the peace from above, and for our salvation, let us pray to the Lord.

C Lord, have mercy.

P For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.

C Lord, have mercy.

P For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

C Lord, have mercy.

P Help, save, comfort, and defend us, gracious Lord.

C Amen.

* HYMN OF PRAISE ("Lord God, Heavenly King" – In Unison)

P Glory to God in the highest, and peace to his people on earth.



- * SALUTATION AND RESPONSE (Spoken)
 - P The Lord be with you.
 - C And also with you.
- * PRAYER OF THE DAY (In Unison)
 - P Let us pray...
 - C Direct us, O Lord God, in all our doings with your continual help, that in all our works, begun, continued, and ended in you, we may glorify your holy name; and finally, by your mercy, bring us to everlasting life, through Jesus Christ, our Savior and Lord. Amen.

Moses speaks to the Israelites, who are about to enter the land promised to their ancestors. In this passage, he lays out the stark choice before them: choose life by loving and obeying the LORD; or choose death by following other gods.

WORD

L: Here ends the reading.

C: Thanks be to God.

PSALM:Psalm 1 (responsively)

¹Happy are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the seats of the scornful!

²Their delight is in the law of the LORD, and they meditate on God's teaching day and night.

³They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; everything they do shall prosper.

⁴It is not so with the wicked; they are like chaff which the wind blows away.

⁵Therefore the wicked shall not stand upright when judgment comes, nor the sinner in the council of the righteous.

⁶For the LORD knows the way of the righteous, but the way of the wicked shall be destroyed.

While Paul was in prison, he was aided by Onesimus, a man who had run away from Philemon, a slaveowner and a Christian friend of Paul. Paul told Onesimus to return to Philemon and encouraged Philemon to receive Onesimus back as a Christian brother.

¹Paul, a prisoner of Christ Jesus, and Timothy our brother,

To Philemon our dear friend and co-worker, ²to Apphia our sister, to Archippus our fellow soldier, and to the church in your house:

³Grace to you and peace from God our Father and the Lord Jesus Christ.

⁴When I remember you in my prayers, I always thank my God ⁵because I hear of your love for all the saints and your faith toward the Lord Jesus. ⁶I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. ⁷I have indeed received much joy and

encouragement from your love, because the hearts of the saints have been refreshed through you, my brother.

⁸For this reason, though I am bold enough in Christ to command you to do your duty, ⁹yet I would rather appeal to you on the basis of love—and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. ¹⁰I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. ¹¹Formerly he was useless to you, but now he is indeed useful both to you and to me. ¹²I am sending him, that is, my own heart, back to you. ¹³I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; ¹⁴but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. ¹⁵Perhaps this is the reason he was separated from you for a while, so that you might have him back forever, ¹⁶no longer as a slave but more than a slave, a beloved brother—especially to me but how much more to you, both in the flesh and in the Lord.

¹⁷So if you consider me your partner, welcome him as you would welcome me. ¹⁸If he has wronged you in any way, or owes you anything, charge that to my account. ¹⁹I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. ²⁰Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. ²¹Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

L: Here ends the reading.

C: Thanks be to God.

* GOSPEL ACCLAMATION (In Unison)
Alleluia. Lord, to whom shall we go? You have the words of eternal life. Alleluia.
Alleluia.

Jesus speaks frankly about the costs of discipleship. Those who follow him should know from the outset that completing the course of discipleship will finally mean renouncing all other allegiances.

- * GOSPEL....Luke 14:25-33
 - P The Holy Gospel according to Luke, the 14th chapter.
 - C Glory to you, O Lord. (Sung)

²⁵Now large crowds were traveling with [Jesus;] and he turned and said to them, ²⁶"Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. ²⁷Whoever does not carry the cross and follow me cannot be my disciple. ²⁸For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? ²⁹Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, ³⁰saying, "This fellow began to build and was not able to finish.' ³¹Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? ³²If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. ³³So therefore, none of you can become my disciple if you do not give up all your possessions."

- P The Gospel of the Lord.
- C Praise to you, O Christ. (Sung)

SERMON Pastor Leister

HYMN OF THE DAY

"Lift High the Cross"

#377 (vss. 1-3) Green Hymnal

* APOSTLES' CREED (In Unison)

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

* PRAYERS OF INTERCESSION

- P God of grace,
- C receive our prayer.
- * PEACE
 - P The peace of Christ be with you always.
 - C And also with you.

(The congregation may greet one another in the name of the Lord from their pews at whatever level of physical contact with which they are comfortable).

ANTHEM

"Christ Is with Us" - Arr. by Benjamin Harlan

Choir

OFFERING PRESENTATION

* SUNG OFFERTORY ("Create in Me")

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence, and take not your Holy Spirit from me. Restore to me the joy of your salvation, and uphold me with your free Spirit.

* OFFERING PRAYER

- P Lord of the harvest, we return to you a portion of what you have given to us. Turn us to set our hope not on the uncertainty of riches, but on you, who richly provides for us. Multiply what we have gathered to bless all who are suffering and in need, through Jesus Christ our Lord.
 - C Amen.

MEAL

- * COMMUNION DIALOGUE (from Isaiah 55)
 - P Let us give thanks to the Lord.
 - C For through these gifts he comes to feed us.
 - P All you who are thirsty, come to the waters. You who have no money, come, receive bread, and eat.
 - C Come, without paying and without cost, drink wine and eat.
 - P Let us come to his table with joy,
 - C for we come as God's invited guests!

* EUCHARISTIC PRAYER

P In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

C Through him, with him, in the unity of the Holy Spirit, all honor and glory is yours, almighty Father, now and forever. Amen.

* THE LORD'S PRAYER (In Unison)

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

* INVITATION TO COMMUNION

P Jesus welcomes sinners and eats with them. Come to this meal of mercy.

* LAMB OF GOD (Sung)

C Lamb of God, you take away the sin of the world; have mercy on us. Lamb of God, you take away the sin of the world; have mercy on us. Lamb of God, you take away the sin of the world; grant us peace.

(If you desire, you may take a gluten free wafer located on the oak pedestal on the step in the front of the chancel).

DISTRIBUTION

["At the Chancel Rail" – come forward by the CENTER aisle; take a communion cup from the table by the front pew. Approach the altar to partake, then move to the chancel rail to pray. Then, return to your seat using the left or right SIDE aisle]. (Fellowship cups are available for those who wish to remain in your seat for communion).

- * COMMUNION BLESSING
 - P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.
 - C Amen.
- PRAYER AFTER COMMUNION
 - P O God, through this meal you have strengthened us and appointed us to be your servants. Send us to do good and to share our possessions with all in need. We ask this in Jesus' name.
 - C Amen.

SENDING

- * BLESSING
 - P The God of righteousness, who gives justice to the oppressed, who gives food to the hungry, who sets the prisoners free, + bless you now and forever.
 - C Amen, Amen, Amen. (Sung)
- * SENDING HYMN
- "Lift High the Cross"

#377 (vss. 4 & 5) Green Hymnal

- * DISMISSAL
 - P Go in peace. Do not lose heart.
 - C Thanks be to God.

POSTLUDE

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NEXT WEEK'S LECTOR - Cynthia Smith

NEXT WEEK'S ACOLYTES - Sofia & Stella Reed

NEXT WEEK'S COMMUNION/OFFERING PRESENTERS - Silas Smith, Nick & Gabby Reed

NEXT WEEK'S ALTAR GUILD - Linda Leister & Bethanie Beward (9/8/25 - 9/28/25)

SEPTEMBER COLLECTION COUNTERS:

Today: Tammy Brackbill & Mary Grimm

21: Don & Barb Geedey

28: Cynthia Smith & Larry Goss

WELCOME TO ALL!

VISITORS ARE ALWAYS WELCOME to worship at Messiah. We invite you to register your visit in the guest book provided in the Narthex. If you are seeking a church home, please speak to the Pastor. Our fellowship in Jesus Christ is open and extended to all persons who confess His Lordship over all life. Thank you for worshiping with us.

VISITORS ARE INVITED TO COMMUNE with us if they are baptized, and if with us in our faith, they trust Jesus' promise of the presence of the Body and Blood of Christ.

ALTAR FLOWERS are presented to the Glory of God and in memory of Tammy Pines Walton by Sandy Pines, Dan & Michelle Stoner and Braedon Walton.

JUST A THOUGHT – Madame Jeanne Marie Guyon, French Mystic (1648 – 1717): God gives the cross, and the cross gives God.

CONGREGATIONAL NEWS

THE DEADLINE FOR ALL ITEMS TO BE INCLUDED IN THE SUNDAY BULLETIN IS <u>THURSDAY NOON.</u>

PRAYER CHAIN – If you wish to be included on the email recipient list for the Messiah Prayer Chain, please send an email to Pastor Leister at mlcsleister@gmail.com.

PRAYER REQUESTS will be placed in the Sunday bulletin for <u>one month</u>. If you wish to have someone included in the prayer list for an additional month, please contact the church office at 436-6213 or <u>mlchurchoffice@gmail.com</u>. If you have anyone who is a "last minute" addition after the bulletin has been printed on Fridays, please fill out an orange prayer card in the pew and lay it on the stand where the gluten free wafers are placed PRIOR to the morning worship service.

PLEASE NOTIFY THE CHURCH OFFICE for any change in addresses, phone numbers, email addresses, or for any requests for building usage. There are a lot of activities and some coordination is needed so events are not "overbooked" in any specific areas of the church (this also applies to church groups who meet in the church). Please contact the office at 436-6213 or email mlchurchoffice@gmail.com for any changes or requests.

IF ANYONE HAS ANY NEEDS OR CONCERNS, please contact Pastor Sam Leister. If you or someone you know is ill or hospitalized, please let Pastor Leister know. He can be reached at 717-436-8589 (home), or 717-348-1020 (cell), or email at mlcsleister@gmail.com.

WEIS AND GIANT GIFT CARDS are available to purchase from the Disciples Class. This is a very important outreach ministry that helps neighbors in need in our own community. We thank each and every one for continued support of this very worthwhile project.

THE SEPTEMBER 2025 "MESSIAH HERALD" is now available online. Hard copies are available in the church office, Adult Sunday School Room, Kitchenette, and Fellowship Hall. If you want something placed in the Messiah Herald, please contact BOTH the church office at mlchurchoffice@gmail.com and Bob St. Clair at stclairbjr@gmail.com prior to the newsletter deadline, which is listed on the calendar in the newsletter, or online at mlcmifflintown.org. Also, if anyone would like to add or remove names from our email list, please let Bob know as well.

"GOD'S WORK, OUR HANDS" is today following the morning worship service. We will once again be knotting quilts and filling school backpacks, so please plan on staying to help!

MARK YOUR CALENDARS! During our October 5th morning worship service, we will recognize both Blanket Sunday and World Communion Sunday. Be sure to mark this special date on your calendars now and plan to attend worship on October 5th.

THE NEXT VOTER'S ASSEMBLY will be held on Sunday, September 28th following the worship service. Business: reports of minutes of the Boards.

SEPTEMBER'S "MISSION OF THE MONTH" at Messiah will be for Central Juniata EMS. The monies will be sent from Messiah directly to CJEMS to continue assisting in the effort to serve the needs of our community. In addition to your generosity, the PPC allocated funds to match congregational donations up to \$1,000.00. This is just one way in which we can continue to extend our mission in Christ's love beyond the walls of our church building.

TO ALL MEMBERS OF MESSIAH – As the Executive Director of PPC and on behalf of all of the board members, we would like to discuss a very delicate topic.

It was decided at our last PPC meeting that we would decrease our benevolence from \$12,000 per year to \$6,000 per year. We did this with heavy hearts. This decision was made because in the past several months up to and including the present time, we are running in the red. It is hard to ask our congregation to try to dig deeper into their pockets. We ask that you please pray about your giving and pray about the future of Messiah. We, as a congregation, have always moved forward on behalf of our church. So, I am asking each and every one of our members to please do their best to help our church continue and grow and be able to support everyone of our members and missions into the future.

Prayerfully yours, Marylou Hazard, Messiah PPC Executive Director

BIBLE STUDY WILL RESUME on Tuesday, September 9th at 10:30 a.m. in the church Library. We will begin a study of the Gospels. Materials and books will be available by then. EVERYONE WELCOME!

NEW ALTAR GUILD & OFFERING COUNTER SCHEDULES are being organized for "Year A," which runs from Sunday, November 30th, 2025 (First Sunday of Advent) through Sunday, November 22nd, 2026 (Christ the King Sunday). If you would like to join the Altar Guild or help in the baking of Manna Bread for communion or would like to volunteer a few Sundays a year to help count the morning offerings, please let Slone Smith or Bob St. Clair know as soon as possible. Thanks to all those who serve!

REMINDER: **Please have all information to be placed in the newsletter** to <u>Bob</u> at <u>stclairbjr@gmail.com</u> or the church office at <u>mlchurchoffice@gmail.com</u> by the deadlines which are listed monthly in the newsletter.

IF YOU HAVE ANY NEWS OR UPCOMING EVENTS, please contact Sheree Goss at 717-436-9613 or email her at msgoss@gmail.com.

CHURCH OFFICE HOURS ARE AS FOLLOWS:

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Tuesday - 9:00 a.m. - 5:00 p.m.
Thursday - 9:00 a.m. - 5:00 p.m.
Friday - 12:30 p.m. - 4:30 p.m.
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PASTOR SAM AND MESSIAH CONGREGATION – Your thoughts, prayers and messages have been truly uplifting during these last few weeks. The support we have received has been a blessing. Please continue to keep my family in your prayers as we navigate through this time of grief.

Kate Swailes

A MEMORIAL SERVICE will be held for Glenn Eugene Compton at 11:00 a.m. on Saturday, September 13, 2025 at Messiah Lutheran Church, 3 S. Third St., Mifflintown, with Rev. Samuel Leister officiating. Interment will be in Indiantown Gap National Cemetery at a later time.

WOMEN OF THE ELCA NEWS:

WE WILL BE COLLECTING THE FOLLOWING ITEMS FOR SCHOOL KITS:

- --161 blue or black ball point pens (NO gel pens)
- -32 (2½ inch erasers)
- --12 pencil sharpeners
- --51 packs of 16-24 crayons
- -- 15 rulers with inches and centimeters
- --147 (70-80 sheet college-rule 8x10½ notebooks)

WOMEN OF THE ELCA PURPOSE STATEMENT

As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society, and the world.

THE NEXT WELCA MEETING will be held on Thursday, September 11th at 1:00 p.m. in the Youth Area. Barb Geedey will provide the devotions.

COMMUNITY

JUNIATA COUNTY CLEARING HOUSE ANNUAL MEETING will be held on Monday, September 22nd at 7:00 p.m. in the Fellowship Hall at Cedar Grove Brethren In Christ Church. We will share statistics from the past 12 months. Please plan to attend and learn about how this ministry works in our community.

FOOD PANTRY NEEDS FOR SEPTEMBER

CANNED BEETS, CANNED POTATOES, CANNED PINEAPPLE, SPAM, SHAMPOO, OVER-THE-COUNTER COLD AND PAIN MEDICINES, DISHWASHING SOAPS, LAUNDRY SOAP AND SCHOOL SUPPLIES AND BACKPACKS WHILE THEY ARE ON SALE.

*WE ALSO GLADLY ACCEPT DONATIONS OF CASH/CHECKS AND GIFT CARDS.

P.O. BOX 44, 114 N. MAIN ST., MIFFLINTOWN, PA 17059 PHONE: 717-436-9718 HOURS: TUES. 9-12 & 1-5, SAT. 9-12

*PLEASE MAKE CHECKS PAYABLE TO THE JUNIATA COUNTY FOOD PANTRY. (CONTACT PERSON: GLENDA FULTZ). Email jcfp122017@gmail.com Website: www.jcfoodpantry.com

Our vestibule is open 24 hours a day to receive donations. Cash, checks, or gift cards may be deposited in the vestibule's mail slot. *Non-perishable foods and non-food items may be dropped off at any time in our vestibule. Please deliver perishable foods only when someone is available to receive them. Thank you!

THIS WEEK AT MESSIAH

Today: -"GOD'S WORK, OUR HANDS" SUNDAY.

-10:00 a.m., Worship/Communion.

Monday: -6:30 p.m., The Knitters in Junior Church Room.

-7:00 p.m. AA in Youth Area.

Tuesday: -10:30 a.m., Bible Study in Library.

Wednesday: -9:00 a.m., "The Needlers" in Fellowship Hall.

-7:00 p.m., Choir Rehearsal in sanctuary.

Thursday: -1:00 p.m., WELCA in Youth Area.

Sunday: -10:00 a.m., Worship/Communion.

PRAYER LIST

Joedy Arnold Marilyn Gilbert Cheryl Pinkerton Linda Bahorik Sheree Goss Betty Ranck Melissa Bargo Amanda Gregg Keith Ranck Jeremy Barnes Dave Reed Fred Gross Ryan Barr Mark Harvey Diane Rowles Bill Book Bill Heck Greysley Rowles Kelley Rusenko Andrea Cameron John (Pat) Henry Arlene Shearer Evitt Campbell Karen Henry Deb G. Chambers Sawyer Henry Lowell Shearer Nathan Clark Nox Hepburn Wyatt Shellenberger Kenton Cohenour Greg Hess Gail Sherman Jean Compton Nancy Howell Althea Smith Scott & Heather Compton Annie Ingle Dave Smith Bill Conn Michael 'Doc' Johnston Jennifer Smith Stacy Couture Guy Kerstetter Barry Strawser Kim Dumais George King Kenton Stuck Jesse Kint Vicki Suoia Freda Durio Cathy Dysinger Paul Lingenfelter Amy Swartz Renee Dzikowski Cecilia Miller Molly Ulsh Pastor William Esborn Curt Miller George Varner Kevin Fetterhoof Larry Miller Roscoe Warner Sandy Wert Neil Fisher Shirley Miller Bentley Fulkroad Marlin Milliken Todd Wert Kristen Gaisor Claire Mummah Kathy Whitesel Terri Gayer Linda (Kerchner)Parks Jim & Heidi Woltman Fred Parnell George Zimmerman Deb Geedey Linda Zimmerman Josslyn Geedey Kari Ann (Reagen) Petrine

PRAY FOR OUR SHUT-INS

- --Jane Marhefka Brookline Manor, 2 Manor Blvd., Room 221, Mifflintown, PA 17059
- --Ray Bramm Honaman House, 58 Honaman House Dr., Apt. 108, Thompsontown, PA 17094
- --Ruth Cisney Honaman House, 58 Honaman House Dr., Apt. 112, Thompsontown, PA 17094
- --Ona Stoner William Penn Nursing Home, 163 Summit Dr., Lewistown, PA 17044



2025 CROP WALK

The Juniata Co CROP Hunger Walk will be <u>Sunday</u>, <u>October 12</u> at Walker Township Park. Please note that registration begins at 1:30 p.m. and the Walk begins at 2:00 p.m.

This will be a hybrid event. You may walk in-person at the park, or, you can join us virtually by walking in your own location, send us pictures of you walking, and let us know how much you raised. Send your donations to Juniata County CROP, P.O. Box 91, McAlisterville, PA 17049. Our Facebook page is: www.facebook.com/Juniata CoCROP. To get additional materials, contact Graham Fowler at 717-463-3138 or pastor.lostcreekpres@gmail.com.

Register Online: To register online go to www.CropHungerWalk.org/MifflintownPA. Look for the white box on the right side of the page, and click "Join or Start a Team." This will allow you to join an existing team, start a team, or register as an individual. When you register, you can also register others.

5k Fun Run/Walk – This event will be 7 laps around the park. Everyone will be responsible for keeping track of their own laps. This will be an untimed event.

Incentive: This year, each individual who turns in at least \$125.00 in donations will receive a CROP Walk T-Shirt. Please write your T-Shirt size on your donation envelope. If your shirt size is not available on the day of the Walk, it will be ordered and delivered to your church or team chair after the Walk.

Everyone: When you arrive, please give your collection envelope to a registrar. If you are walking with a team, please make sure your team name (like your church) is on your envelope. If more than one person is sharing your collection envelope, please make sure each person's signature (or guardian's signature) is on the envelope.

Walkers can deliver the following needed items to the Food Pantry on CROP Walk day: <u>Personal Hygiene Supplies</u> such as toothbrushes, toothpaste, soap, shampoo, deodorant, shaving cream, razors, etc.

<u>Cleaning Supplies</u> like all-purpose cleansers, bleach, trash bags, laundry detergent, dish detergent, etc. <u>Paper Products</u> such as paper towels, toilet tissue, tissues.

<u>Infant Needs</u> like diapers, baby wipes, baby shampoo, baby lotions.

Non-Perishable Food Items.

Proceeds will benefit Hunger Ministries through CWS, and 25% of pledge money will go to Meals-On-Wheels and the Food Pantry. Checks may be made payable to CWS/CROP. Donation envelopes and brochures are available on the table in the Adult Sunday School Room.