

THE MESSIAH HERALD



SEPTEMBER, 2012

MESSIAH LUTHERAN CHURCH

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[MESSIAH CHURCH CALENDAR](#)

[USS-ARK NEWSLETTER](#)

[THE LUTHERAN MAGAZINE](#)

“Proclaiming God’s love revealed in Jesus Christ and his People”

The Messiah Herald



September 2012

Martin Luther and the Lutheran reformers defined the reality of sin as a constant part of the believer’s life.

Luther believed that thought and action were combined in a single reality called sin.

Luther found comfort and richness in Paul’s expressions of sin’s reality in believers’ struggles in Romans chapters 7 & 8.

Therefore if baptism was the very power of justification then it justified real sinners with real sins, not imaginary nor “kind of” sins.

Christ justified broken saints, real sinners, in the very midst of the constant struggle to let go of Original Sin and our self-centeredness for God’s sweet embrace and vision of the possibilities of life and all of creation.

Brothers and Sisters in Christ,

Martin Luther and the Lutheran reformers defined the reality of sin as a constant part of the believer’s life. This was in contrast to the Roman Catholic theology of Luther’s day which confessed the truth of Original Sin BUT then stated that it was washed away in baptism and only remained evident in concupiscent sin, a “tendency” to sin but that is not real sin unless it is acted upon. In other words, you were still clean until you got down and dirty, physically sinning again. Instead of helping one in the daily struggle against sin this idea of concupiscent will only keep you up at night obsessing over dictionaries or the object of your sin.

Anyway, Luther never bought into the whole “it is but it isn’t” argument. In his good German obsessiveness to detail it was either sin or it wasn’t, no room for the mamby pampy. Luther believed that thought and action were combined in a single reality called sin. Remember President Jimmy Carter interview in Playboy as he ran for office, he understood this when noting he had committed adultery by lusting in his heart. The Gospel of Matthew in chapter 5, verses 21ff teach this belief which is where Luther got it, too. “You have heard that it was said, ‘Do not commit adultery.’ 28 But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.” To Luther sin was sin and it was real and he had the doubts and nightmares to prove it.

Luther found comfort and richness in Paul’s expressions of sin’s reality in believers’ struggles in Romans chapters 7 & 8. Therefore if baptism was the very power of justification then it justified real sinners with real sins, not imaginary nor “kind of” sins. Real sins by real sinners like politicians, union members, hedge fund bankers, drug addicts, alcoholics, pastors and parishioners, everyone including the little old blue haired woman sitting in the next to the last pew, broken saints all, Jew and Gentile, Roman Catholic and Protestant, Islamist and Buddhist all sinners justified by God’s grace. All healed by God’s grace in the life, death, and resurrection of Jesus of Nazareth, God healing sinners, “Broken saints and healing sinners.”

Christ justified broken saints, real sinners, in the very midst of the constant struggle to let go of Original Sin and our self-centeredness for God’s sweet embrace and vision of the possibilities of life and all of creation. Therefore one, that would be you and me and everyone as individuals, was constantly and irrevocably simultaneously both saint and sinner all in one not so neatly wrapped package. Being a sinner was to be the very person and reason that God had sent the Son, Jesus of Nazareth, into the world.

It is for [Broken Saints and Healing Sinners](http://www.brokensaintsandhealingsinners.com) that I have started a blog. It is to tell our stories of brokenness and healing and to celebrate Jesus Christ who loves us simultaneously as saint and sinner. Feel free to share your stories or to ask questions in the comments. The blog is found at: www.brokensaintsandhealingsinners.com

Yours in Christ,

Pastor Bill

DAILY HOME BIBLE READINGS

September	1: James 1:17-27
September	2: Mark 7:1-8, 14-15, 21-23
September	3: Isaiah 30:27-33
September	4: Romans 2:1-11
September	5: Romans 2:12-26
September	6: Isaiah 35:4-7a
September	7: Psalm 146
September	8: James 2:1-10, 14-17
September	9: Mark 7:24-37
September	10: Joshua 2:1-14
September	11: Joshua 2:15-24
September	12: Isaiah 50:4-9a
September	13: Psalm 116:1-9
September	14: John 3:13-17
September	15: James 3:1-12
September	16: Mark 8:27-38
September	17: 1 Corinthians 2:1-5
September	18: Romans 11:25-32
September	19: Jeremiah 11:18-20
September	20: Psalm 54
September	21: Matthew 9:9-13
September	22: James 3:13—4:3, 7-8a
September	23: Mark 9:30-37
September	24: Acts 4:13-31
September	25: Matthew 5:13-20
September	26: Numbers 11:4-6, 10-16, 24-29
September	27: Psalm 19:7-14
September	28: James 5:13-20
September	29: Revelation 12:7-12
September	30: Mark 9:38-50



PRAYER REQUESTS

Prayer Requests will be placed in the weekly bulletin for one month.

If you wish to have someone included in the prayer list for more than one month, please call the church office.

**DIAL-A-PRAYER (436-2100) IS
AVAILABLE 24 HOURS DAILY!**

SEPTEMBER SCHEDULES

LECTORS

2: Linda Bahorik
9: Andrea Cameron
16: Diana Wise
23: Barbara S. Geedey
30: Cynthia Smith

ALTAR GUILD

Aug. 27—Sept. 2 Christie Holderman
Sept. 3—Sept. 16 Sandy Pines
Sept. 17—Sept. 23 Linda Clark
Sept. 24—Sept. 30 Barbara S. Geedey

ALTAR FLOWERS

2: Judy Armstrong
9: Neil & Pat Fisher
16: OPEN
23: Dan & Michelle Stoner
30: OPEN



Messiah Women of the ELCA met Thursday, August 9, 2012 to listen to the report of the 25th anniversary of the Upper Susquehanna Synodical Women's Organization which met July 28, 2012. The theme of the convention was "Come as You Are," based on the scripture Luke 14:7-14 NRSV. Reporting were, Linda Leister, Cynthia Smith and Pat Fisher. There were 82 participants in attendance, sixteen of which were representing the Juniata Valley Cluster, of which we are members. All reports concerning happenings synodically, Nationally and Internationally were recorded in the convention handbook. Highlights of the

convention were the worship service led by the Reverend Sara Hershberger, the Bible study by the Reverend Vickie Brown and a Gospel Concert Trio "Redeemed." The Mission Ingathering for two ministries designated (1) to pay the salaries of Liberian Teachers (2) the Carol Main Scholarship Fund to help spouses of pastors in Liberia get an education which amounted to \$1,245.00. The In-Kind (Personal Ingathering) for convention was items for the "Christmas at Sea" Seamans' Bags which generated a table and floor space piled with the donations of sweatshirts, socks, pull-over t-shirts and heavy knit winter caps plus a monetary donation of \$205.00. The Chinese Theme Basket Auction provided \$616.00 of donations for the baskets plus a monetary gift of \$50.00 to be given to Camp Mt. Luther for their Outdoor Ministries. Officers for 2 years were elected; President, Sue Baylor and Vice-President, Rita Avery.

Thank you Linda, Pat and Cynthia.

The business meeting was in charge of Linda Leister in the absence of Barbara S. Geedey, Leader.

Business discussed:

- Messiah was scheduled as hosting the Cluster Meeting in October. However we were given the date of October 14, but in the convention bulletin the meeting is listed as October 6 which presents a conundrum because October 6 is a very busy Sunday with blanket Sunday being celebrated and the Crop Walk which takes members to help and participate. Being unable to get date clarification, plans for the meeting are postponed until the September meeting.
- School Kits and Fabric Kits will be assembled in preparation of Blanket Sunday.

The next meeting will be Thursday, September 13, 2012 at 7:00 p.m. in the Youth Area with Dorothy Smith as devotional

leader and Barbara S. Geedey and Velma Suloff as hostesses.

With no further business to be discussed, the meeting was adjourned with the reading of "The Purpose."

SALES FOR SCHOOL SUPPLIES BEGIN IN JULY!!!!

Education is important for any community, especially where poverty or disaster has limited the options for young people to reach their potential. School Kits contain essential supplies to help children—and some adults—continue learning despite the hardships they face. And that learning leads to a better life for them, their families and their communities.

Matthew 25:40 "The King will reply 'I tell you the truth, whatever you did for one of the least of these brethren of mine, you did for me.' "

The last Messiah Women of the ELCA project for the year is collection of items to fill 60 back packs for Lutheran World Relief School Kits. We have some supplies but need the congregation to help to add needed items. Collection will continue until September 9, 2012.

- Ballpoint Pens (5 needed for each kit)
- Pencil Sharpener
- Blunt Scissors (safety scissors with embedded steel blades work well)
- Unsharpened #2** pencils with erasers (5 needed for each kit)
- A box of 24 crayons
- 2½ inch erasers

Please place the items on the blue table in the Sunday School Room.

REMINDER: Women of the ELCA continuously collect new bath-size bars of soap (4 oz. to 5 oz., preferably Ivory or unscented Dove) as an on-going project for Lutheran World Relief. Please place soap in the basket on the blue table in the Sunday School Room.



SUMMER SCHEDULE ENDS

Early summer services will continue through September 2, 2012 at 9:15 a.m.

Regular 10:30 a.m. worship services will resume on September 9, 2012 with Sunday School at 9:15 a.m.

REMEMBER OUR SHUT-INS

LOCUST GROVE

Jean McNaight (Cottage #5)
Ethel Bossinger Sue Collins
Sis Stetler

BROOKLINE

Flo Beale Virginia Feaster
Marian Gross
Anna Mary Zimmerman

BERRY'S PERSONAL CARE CENTER

Goldie Kauffman Carol Simonton

NORTH RIDGE CENTER FOR ASSISTED LIVING, McALISTERVILLE

Dorothy Cleck

HONNEMAN HOUSE, THOMPSONTOWN

Ruth Cisney Ray Bramm

ELMCROFT OF REEDSVILLE

Helen Knox

NORTH STREET MANOR

Florence Beasom

AT HOME

Reba Sigler Cassie Smith
Fannie King Jane Marhefka
Fay McCormick

OTHERS OF CONCERN

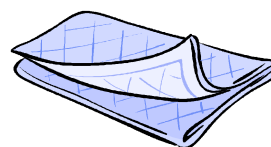
Craig Walker
Dorothy Patterson (Cindy Van
Gavree's Mother)



"THE NEEDLERS"

"The Needlers" will begin their sewing project on Tuesday, September 11, 2012 at 9:00 a.m. in the Fellowship Hall.

Anyone interested in helping to make patch quilts for local and World Relief, please come and join us!



BLANKET SUNDAY

Blanket Sunday will be observed on Sunday, October 7, 2012.

Along with all ELCA congregations, you are invited to make a donation to Lutheran World Relief in the special Blanket Sunday envelopes that are attached to the newsletters throughout the church (envelopes are also available on the table in the Adult Sunday School Room).

Please make checks payable to Messiah Women of the ELCA and take this opportunity to serve as Christ's helping hands in our world today!

VOTERS ASSEMBLY

The next Voters Assembly meeting will be held on Sunday, September 16, 2012 following the morning worship service.

Business: Quarterly reports of the boards. **NOTE:** PPC Board Directors are asked to submit their proposed 2013 budgets to Ken Eyler by October 14, 2012. You may place them in Ken's mailbox in the church office or by email to keyler@nmax.net.



CROP WALK

The Juniata County Crop Walk will be held on Sunday, October 7, 2012 at Walker Township Park (RAIN OR SHINE!). Short Walk will be 3 laps and Long Walk will be 15 laps. Registration begins at 12:30 p.m. and the Walk begins at 1:30 p.m. Please bring all pledge money on Walk Day.

Donated items for the Food Pantry will be collected at the Walk. Twenty-five percent of pledge money will go to the Food Pantry and the Meals-On-Wheels program. Prizes will be given to persons with pledges totaling \$100 or more.

If you have questions, please contact Becky Zeigler at 463-2309 or Kathy Whitesel at 436-2401. (Sign-up sheet and donation envelopes are available in the Adult Sunday School Room.

COMMUNITY WORSHIP SERVICE

The Juniata County Fair Community Worship Service will be held on Sunday evening, September 2, 2012 at 5:30 p.m. at Frankhouse Field (Port Royal Little League Field), adjacent to Tuscarora Valley Elementary School.

Bring a lawn chair and (bug spray). Important suggestion – arrive at 5:00 p.m. to secure a parking space and your lawn chair seating positions. In the event of wet weather conditions, the worship service will be held in the Port Royal Lutheran Church at 4th and Market Streets. A free-will offering will be collected.



FALL BIBLE STUDY

Anyone who would like to attend a Fall Bible Study should notify the church office at 436-6213 or Pastor Esborn so materials can be ordered.

ATTENTION PROPERTY COMMITTEE MEMBERS

There will be a Property Committee meeting on Monday evening, September 24, 2012 at 6:30 p.m. in the Choir Room.

We have not had a meeting since May, so there are items to be discussed. Please plan to attend. If you are unable to attend, please let Kay know.

MEALS-ON-WHEELS

Meals-On-Wheels needs a head cook and team for the fourth Tuesday of the month (beginning in November). Also needed, at least two people to help assemble the meals for delivery on the second Friday of the month (needed immediately). Drivers are also needed for several routes.

If you can help, please call Dottie Heck at 436-6002 or 717-348-1950 (cell).

Individuals, church groups, or Sunday

School classes who would like to make a contribution to the Meals-On-Wheels program, your continued support would be greatly appreciated. Contributions can be sent to:

Juniata Meals-On-Wheels
P.O. Box 251
Mifflintown, PA 17059

(W)HOLY, (W)HOLY, (W)HOLY **Health, Healing and Wholeness** **September 2012**

"Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like." (James 1:23-24 NIV)

It's maddening – embarrassing – but most times, completely normal. I'm referring to memory lapses – those times when you've walked into a room, and couldn't remember why you'd gone in it. Most frustrating for me is placing an important letter or paper in "a place where I won't forget it," only to have forgotten where I'd placed it. I've hidden gifts, and discovered them on Christmas morning. Thank heaven for decorated gift bags!

If you are like me, and have put the peanut butter in the fridge and the milk in the cupboard, take heart! There are some important differences between forgetfulness and dementia (impaired memory and thinking). In dementia, memory loss is severe enough to interfere with the person's ability to function socially and at work. Other symptoms can include personality changes, impaired judgment, language, ability to perform a job that requires remembering several steps, or recognition of objects or people. In contrast, "normal" forgetfulness does not progressively worsen or become disabling. Memory lapses are most likely to occur when you are under stress, are tired, ill, distracted, or just trying to remember too many details.

Forgetfulness can also be linked to physical problems, such as:

- a reduction in blood flow to the brain caused by high blood pressure.
- those who suffer from sleep apnea (stop breathing temporarily many times during the night). Given memory tests, these folks score lower – scores usually rise after treatment.
- an under-active thyroid; can affect learning, memory and attention.
- low iron levels; important for our blood to carry oxygen throughout the body, including to the brain.
- cardiovascular disease, diabetes, depression, or the side effects of medications can also contribute.

And what may appear to be forgetfulness just might be attributed to poor hearing or vision.

Yes, it's true. It appears we really do lose some brain cells over a life-time. Researchers have found that a half to two-thirds of people age 50 or over have some degree of memory loss, however, they disagree over how much deterioration is "normal."

According to Harvard Medical School, "It's important to note, though, that memory loss isn't inevitable." To combat and sharpen your memory try reducing stress and improving your organizational skills. Regularly challenge your brain – play games, do crossword puzzles, word scrambles, play chess, or take some classes. Personally, I'd be lost without my daily planner. However, even though I've written something down,

I still have to remember to read it... 😊

September blessings to all!

Debbie Best, RN, BSW, MHA

Juniata County Food Pantry September Update

"Well done good and faithful servant," says Jesus in Matthew 25:23. Thank you to the "good and faithful" servants in Juniata County who are keeping the Food Pantry supplied with donations! Déjà vu! This was how our update for September 2008 began when we had just served a "record 95 families in July!" How much more are we still struggling to keep items on the shelves as in July 2012, the Food Pantry served 309 families (921 individuals) in need!

Please continue to hold us in your prayers as day to day and month to month we strive to keep our local families from hunger and going without the essentials for health and cleanliness. We are still desperate for baby care, personal care and cleaning supplies. As always, we thank you for your faithful support as we work together to make sure no family in our community has to go hungry.

A special thank you to Port Royal Lutheran Church for providing volunteers for the month of July.

There is another way you could support us. We would love to involve members of your church community in the serious work of guiding the future of our Food Pantry. Is there someone in your church or community who has a heart for feeding the hungry? Please consider nominating them for a position on our board of directors. Members agree to serve a 3 year term, and the board meets once a month on the first Tuesday. A nomination form is included in your newsletter. Please return the form no later than August 31, 2012.

FOOD PANTRY NEEDS FOR SEPTEMBER:

- FRESH GARDEN PRODUCE AND ALL NON-PERISHABLE FOODS.
- PERSONAL CARE SUPPLIES (SUCH AS TOOTHBRUSHES, TOOTHPASTE, DEODORANT, SHAMPOO, SOAP, SHAVING CREAM, RAZORS, ETC.).
- CLEANING SUPPLIES (LIKE ALL-PURPOSE CLEANSERS, BLEACH, TRASH BAGS, LAUNDRY DETERGENT, DISH DETERGENT, ETC.).
- PAPER PRODUCTS (SUCH AS PAPER TOWELS, TOILET PAPER AND TISSUES).
- BABY CARE ITEMS (LIKE DIAPERS, BABY WIPES, BABY SHAMPOO AND BABY LOTIONS).
- FIRST-AID SUPPLIES AND OVER-THE-COUNTER PAIN AND COLD MEDICINES.
- WE ALSO GLADLY ACCEPT DONATIONS OF CASH AND LOCAL GROCERY AND DISCOUNT STORE GIFT CARDS.

***REMEMBER, OUR VESTIBULE (LOCATED ON THE RAMP SIDE OF THE BUILDING)
IS OPEN TO RECEIVE DONATIONS ANY HOUR, ANY DAY!
CASH OR GIFT CARD DONATIONS MAY BE DEPOSITED THROUGH THE MAIL SLOT.**

HOURS: MONDAY AND WEDNESDAY, 2:00 – 6:00 PM AND SATURDAY, 9:00 AM – 1:00 PM.
CLOSED ON TUESDAY, THURSDAY, FRIDAY AND SUNDAY.

*PLEASE MAKE CHECKS PAYABLE TO THE JUNIATACOUNTY FOOD PANTRY, P.O. BOX 44, 114 N. MAIN ST.,
MIFFLINTOWN, PA 17059. FOR MORE INFORMATION CALL: 436-9718 (CONTACT PERSON: KATHY QUEITZSCH).
Email: jcfoodpantry@embargmail.com

2012 Nomination(s) for the Juniata County Food Pantry Board of Directors

Name of Nominating Church:

Name of Contact Person:

Phone # of Contact Person:

My Candidates Are:

Name_____

Address_____

Phone_____

Name_____

Address_____

Phone_____

PLEASE RETURN BEFORE AUGUST 31, 2012 TO:

Juniata County Food Pantry, Inc.
PO Box 44, Mifflintown, PA 17059
jcfoodpantry@embargmail.com
cmathiason001@luthersem.edu
717-436-9718

