

Messiah Lutheran Church

3 South Third Street
Mifflintown, PA 17059

Church Office / 436-6213 Dial-A-Prayer / 436-2100

The Reverend William N. Esborn
Andrea Cameron
Bob St. Clair
Michelle Stoner

Pastor
Choir Director
Organist
Altar Guild

NINETEENTH SUNDAY AFTER PENTECOST WORLD COMMUNION/BLANKET SUNDAY OCTOBER 7, 2012 – 10:30 a.m.

*Please Stand as **YOU** Are Able

PEOPLE TO REMEMBER IN PRAYER TODAY

Marian G., Reba S., Sue C., Flo B., Ethel B., Virginia F., Goldie K., Jean M., Cassie S., Helen K., Sis S., Fannie K., Jane M., Fay M., Dorothy P., Ruth C., Ray B., Anna Mary Z., Ryan K., George, Jamie and Luke D., Ed and Ann B., Sarah D., Haylee Y., Gene R., Ken A., Jr., Jesse K., Susan M., Paul W., Tammy W., Randy C., and Josh B.

PREPARATION

CHIMES: CALL TO WORSHIP

PRELUDE

[A Time for Meditation and Prayer]

GREETINGS AND ANNOUNCEMENTS

INTRODUCTION

Today's gospel combines a saying that makes many of us uncomfortable with a story we find comforting. Jesus' saying on divorce is another of his rejections of human legislation in favor of the original intent of God's law. Jesus' rebuke of the disciples who are fending off the children should challenge us as well. What does it mean to receive the kingdom of God as a child does?

Today is the commemoration of Henry Melchior Muhlenberg, pastor in North America, who died in 1787.

CHILDREN'S SERMON

BLESSING FOR BLANKET SUNDAY

L Gracious God, as we present these gifts of our hearts and hands; quilts, school kits, fabric kits, and soap, we join giver and receiver, recognizing the unity of all the people of God.

C We celebrate being the children of God.

L We give thanks for the soap and the variety of gifts needed for these quilts,

school kits, and fabric kits and the talents of the hands that sewed the quilts and the patience of those who filled the school bags and assembled the fabric kits. We also give thanks for the time donated by those who deliver the soap, quilts and kits to the pick-up point in Lewistown.

C We celebrate generosity.

- L We give thanks for the fellowship of all those who work together on our projects, the laughter, the shared stories, the joy of doing something with our hands and hearts for another and the time to reflect and wonder about the recipient.

C We celebrate community.

- L We send this soap, quilts, school kits and fabric kits as a sign of God's love and blessing for each person who receives, trusting that these gifts will be a source of comfort and hope in the midst of disaster and fear, a symbol of God's love to those who suffer, a reminder that each recipient is a beloved child of God. May the gifts serve a useful purpose in the life of the recipient and may it be a step in recovering one's life and be a message of caring from someone they may never meet.

C We celebrate hope in the midst of life's trials.

- L We remember those who have received our gifts in the past and pray that their lives have returned to stability.

C We celebrate the gift of life.

- L We ask that you bless the fruits of our labor and the whole mission of Lutheran World Relief, that together we may minister to our neighbors in need.

Bless all who give and all who receive, as we are joined together in the unity of one God, now and forever.

C Amen

*** BRIEF ORDER FOR CONFESSION AND FORGIVENESS**

P In the name of the Father, and of the + Son, and of the Holy Spirit

C Amen

P God of all mercy and consolation, come to the aid of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that, attentive to your Word, we may confess our sins, receive your forgiveness, and grow into the fullness of your Son, Jesus Christ our Lord.

C Amen

P Let us confess our sin in the presence of God and of one another.

P Gracious God,

C have mercy on us. In your compassion forgive us our sins, known and unknown,

things done and left undone. Uphold us by your Spirit so that we may live and serve you in newness of life, to the honor and glory of your holy name; through Jesus Christ our Lord. Amen

P Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

C Amen.

*** SHARING OF GOD'S PEACE**

P The peace of the Lord be with you always.

C And also with you.

Congregational sharing: **"Peace be with you."**

GATHERING

*** ENTRANCE HYMN**

"For the Beauty of the Earth"

*** GREETING**

P The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C And also with you.

*** KYRIE (sung)**

P Ky-ri-e, e-le-i-son: C Lord, have mer-cy.

P Chri-ste, e-le-i-son: C Christ, have mer-cy.

P Ky-ri-e, e-le-i-son: C Lord, have mer-cy.

*** HYMN OF PRAISE (sung)**

**Glo-ry to God, glo-ry to God, glo-ry to God in the highest;
glo-ry to God, glo-ry to God, and peace to God's peo-ple on earth.
Lord God, heav-en-ly king, al-might-y God and Fa-ther, we wor-ship you, we
give you thanks, we praise you for your glo-ry.**

**Glo-ry to God, glo-ry to God, glo-ry to God in the highest;
glo-ry to God, glo-ry to God, and peace to God's peo-ple on earth.
Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take
a-way the sin of the world: have mer-cy on us;
you are seat-ed at the right hand of the Fa-ther: re-ceive our prayer.
Glo-ry to God, glo-ry to God, glo-ry to God in the highest;
glo-ry to God, glo-ry to God, and peace to God's peo-ple on earth.
For you a-lone are the Ho-ly One, you a-lone are the Lord, you a-lone are the
Most High, Je-sus Christ, with the Ho-ly Spir-it, in the glo-ry of God the Fa-ther.
A-men.**

**Glo-ry to God, glo-ry to God, glo-ry to God in the highest;
glo-ry to God, glo-ry to God, and peace to God's peo-ple on earth, and peace
to God's peo-ple on earth.**

*** SALUTATION AND RESPONSE (spoken)**

P The Lord be with you

C And also with you.

*** PRAYER OF THE DAY (spoken in unison)**

P *Let us pray...*

C **Sovereign God, you have created us to live in loving community with one another. Form us for life that is faithful and steadfast, and teach us to trust like little children, that we may reflect the image of your Son, Jesus Christ, our Savior and Lord. Amen**

WORD

Genesis 2 stresses that people are not meant to live in isolation but in relationship. Out of love for humanity, God creates them male and female, to provide companionship for each other and to become with each other "one flesh." The Hebrew words used here are *ish* (man) and *ishshah* (woman).

FIRST READING: A reading from Genesis 2:18-24

THE LESSON READS:

¹⁸Then the LORD God said, "It is not good that the man should be alone; I will make him a helper as his partner." ¹⁹So out of the ground the LORD God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. ²⁰The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. ²¹So the LORD God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. ²²And the rib that the LORD God had taken from the man he made into a woman and brought her to the man. ²³Then the man said,

"This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken." ²⁴Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh.

Lector: The word of the Lord.

Congregation: Thanks be to God. (spoken)

PSALM: Psalm 8 (**Responsively**)

L – *You crown us with glory and honor. (Ps. 8:5)*

¹O LORD our Lord, how majestic is your name in all the earth!—

²you whose glory is chanted above the heavens out of the mouths of infants and children; you have set up a fortress against your enemies, to silence the foe and avenger.

³When I consider your heavens, the work of your fingers, the moon and the stars you have set in their courses,

⁴what are mere mortals that you should be mindful of them, human beings that you should care for them?

⁵Yet you have made them little less than divine; with glory and honor you crown them.

⁶You have made them rule over the works of your hands; you have put all things under their feet:

⁷all flocks and cattle, even the wild beasts of the field,

⁸the birds of the air, the fish of the sea, and whatever passes along the paths of the sea.

⁹O LORD our Lord, how majestic is your name in all the earth!

ALL – You crown us with glory and honor.

Quoting from the psalms, this passage from Hebrews emphasizes that Jesus, the one through whom God created everything and who sits at God's right hand, is also the one who experienced human suffering and death in order to blaze the path of salvation for us.

SECOND READING: A reading from Hebrews 1:1-4; 2:5-12

THE LESSON READS:

Long ago God spoke to our ancestors in many and various ways by the prophets, ²but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. ³He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, ⁴having become as much superior to angels as the name he has inherited is more excellent than theirs.

^{2:5}Now God did not subject the coming world, about which we are speaking, to angels. ⁶But someone has testified somewhere, "What are human beings that you are mindful of them, or mortals, that you care for them? ⁷You have made them for a little while lower than the angels; you have crowned them with glory and honor, ⁸subjecting all things under their feet." Now in subjecting all things to them, God left nothing outside their control. As it is, we do not yet see everything in subjection to them, ⁹but we do see Jesus, who for a little while was made lower than the angels, now crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone.

¹⁰It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. ¹¹For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, ¹²saying, "I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you."

Lector: The word of the Lord.

Congregation: Thanks be to God. (spoken)

* GOSPEL ACCLAMATION (sung)

Al-le-lu-ia. Lord, to whom shall we go? Al-le-lu-ia. You have the words of e-ter-nal life. Al-le-lu—ia. Al-le-lu—ia.

Jesus announced and enacted in history the new reality of God's surprising activity. These two stories demonstrate this new reality: Women and children are accepted and valued, not dismissed as inferior to adult men.

* GOSPEL: Mark 10:2-16

P The Holy Gospel according to Mark, the 10th chapter.

C Glory to you, O Lord. (spoken)

THE GOSPEL READS:

²Some Pharisees came, and to test him they asked, "Is it lawful for a man to divorce his wife?"
³He answered them, "What did Moses command you?" ⁴They said, "Moses allowed a man to write a certificate of dismissal and to divorce her." ⁵But Jesus said to them, "Because of your hardness of heart he wrote this commandment for you. ⁶But from the beginning of creation, 'God made them male and female.' ⁷'For this reason a man shall leave his father and mother and be joined to his wife, ⁸and the two shall become one flesh.' So they are no longer two, but one flesh. ⁹Therefore what God has joined together, let no one separate."

¹⁰Then in the house the disciples asked him again about this matter. ¹¹He said to them, "Whoever divorces his wife and marries another commits adultery against her; ¹²and if she divorces her husband and marries another, she commits adultery."

¹³People were bringing little children to him in order that he might touch them; and the disciples spoke sternly to them. ¹⁴But when Jesus saw this, he was indignant and said to them, "Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs. ¹⁵Truly I tell you, whoever does not receive the kingdom of God as a little child will never enter it." ¹⁶And he took them up in his arms, laid his hands on them, and blessed them.

P The Gospel of the Lord.

C Praise to you, O Christ. (spoken)

SERMON

Pastor Esborn

* HYMN OF THE DAY "Now Thank We All Our God"

* APOSTLES' CREED ('new version') **(all)**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit,

born of the virgin Mary, suffered under Pontius Pilate, was crucified died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

OFFERING

OFFERTORY

[Please pass the Friendship Pad down your pew for all to sign and then back to the center aisle so everyone has the opportunity to read the names. We request that our guests also give us their home address. Thank you].

ANTHEM

"Jesus Loves the Little Children"

"Rise and Shine"

Junior Choir

* SUNG OFFERTORY ('vineyards')

Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of bless-ing. Gath-er a har-vest from the seeds that were sown, that we may be fed with the bread of life. Gath-er the hopes and dreams of all; u-nite them with the prayers we of-fer now. Grace our ta-ble with your pres-ence, Lord, and give us a fore-taste of the feast to come.

* OFFERING PRAYER

P Let us pray. Merciful God,

C we offer with joy and thanksgiving what you have first given us—our selves, our time, and our possessions, signs of your gracious love. Receive them for the sake of him who offered himself for us, Jesus Christ our Lord. Amen

* PRAYERS OF INTERCESSION

P As disciples of Christ Jesus called to love and serve all people, let us pray for the church, those in need, and all of God's creation.

A brief silence.

P Holy Trinity, one God, you have joined us together as sisters and brothers in Christ. Heal the wounds dividing your church, and make us better witnesses to your love for the world. Lord, in your mercy,

C hear our prayer.

P God of majesty, you formed every living creature and gave them the breath of life. Sustain us and all things with your powerful word, that we cherish and care for all you have made. Lord, in your mercy,

C hear our prayer.

P Guardian of the weak, you come to the aid of the powerless and vulnerable. Teach us and sisters and brothers around the globe to value all children, women, and men as people created in your image. Lord, in your mercy,

C hear our prayer.

P God of boundless mercy, you know our human pain and suffering. Mend broken relationships, provide companionship for the lonely, draw near to the dying, and restore health to the sick (especially all of our shut-ins [both at home and in nursing homes], and for Ryan Keresey, Sarah Dressler, Luke Davis, Haylee Yocum, Gene Rhine, Ken Arbogast, Jr., Jesse Kint, Susan Minick, Paul Woltman, Tammy Walton, Anna Mary Zimmerman, Randy Clark, and Josh Beitz). Lord, in your mercy,

C hear our prayer.

P God of joy, your Son gathered children into his arms and blessed them. May we eagerly welcome children into this assembly and to your table, that they know your loving embrace. Lord, in your mercy,

C hear our prayer.

Here other intercessions may be offered.

P God of our ancestors, we praise you for the prophets and saints (especially Henry Melchior Muhlenberg) who have spoken your word to us. Keep us in union with them, until we are united in the kingdom of God. Lord, in your mercy,

C hear our prayer.

P Hear our prayers, faithful God, and renew us by your Spirit, that we may joyfully love and serve you and one another, through Jesus Christ, our Savior.

C Amen.

* THE LORD'S PRAYER ['new version'] **(all)**

P Let us pray with confidence in the words our Savior gave us:

C Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the Kingdom, the power, and the glory are yours, now and for ever. Amen

* BLESSING

P Almighty God, Father, + Son, and Holy Spirit, bless you now and forever.

C A-men, A-men, A-men (sung)

* CLOSING HYMN

"Jesus Loves Me!"

MEAL

* COMMUNION DIALOGUE (from Isaiah 55)

P Let us give thanks to the Lord.

C for through these gifts he comes to feed us.

P All you who are thirsty, come to the waters. You who have no money, come, receive bread, and eat.

C Come, without paying and without cost, drink wine and eat.

P Let us come to his table with joy,

C for we come as God's invited guests!

* EUCHARISTIC PRAYER

P Holy, mighty, and merciful Lord, heaven and earth are full of your glory.

In great love you sent to us Jesus, your Son, who reached out to heal the sick and suffering, who preached good news to the poor, and who, on the cross, opened his arms to all.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering, therefore, his death, resurrection, and ascension, we await his coming in glory.

Pour out your Holy Spirit, that by this Holy Communion we may know the unity we share with all your people in the body of your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, now and forever.

C Amen

DISTRIBUTION

["INTINCTION" – dip your wafer in the wine. Come forward by the center aisle and return by the side aisle. All who wish to stand at the chancel rail after partaking for a time of silent meditation are invited to do so].

* COMMUNION BLESSING

P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

C Amen

* PRAYER AFTER COMMUNION

P Let us pray.

Almighty God, you provide the true bread from heaven, your Son, Jesus Christ our Lord. Grant that we who have received the Sacrament of his body and blood may abide in him and he in us, that we may be filled with the power of his endless life, now and forever.

C Amen

* THE SENDING AND BLESSING OF COMMUNION ASSISTANTS

P As we go into the world serving the ministry of Christ, may those who will extend this meal to the homebound take from the Lord's Table what we have received here today; the Body and Blood of our Lord Jesus Christ and his promise of forgiveness. In the name of the Father, the Son and the Holy Spirit.

C Amen

* DISMISSAL

P Go in peace. Serve the Lord.

C Thanks be to God.

POSTLUDE

NEXT WEEK'S LECTOR – Ron Yorks

NEXT WEEK'S ALTAR GUILD – Michelle Stoner

WELCOME

IF YOU WISH TO USE OR FOLLOW THE LITURGY MUSIC as we proceed through the service today, please use the green portfolios placed on top of the sound control system. In addition, headsets are available in the narthex for our sound enhancement system for the hearing impaired.

VISITORS ARE ALWAYS WELCOME to worship at Messiah. We invite you to register your visit not only in the Friendship Pads, but also in the guest book provided in the narthex. If you are seeking a church home, please speak to the pastor. Our fellowship in Jesus Christ is open and extended to all persons who confess His Lordship over all life. Thank you for worshiping with us. We invite you to return. Visitors are invited to commune with us if they are baptized and, if with us in our faith, they trust Jesus' promise of the presence of the Body and Blood of Christ.

WE INVITE EVERYONE (members and visitors) worshiping with us today to sign the Friendship Pads during the Organ Offertory. If you are a visitor, please be sure to include your address when signing. Please also place a check mark in the box (beside your name) if you are communing today and have not as yet given us a record of your participation in the sacrament during this quarter. (A new quarter begins in January, April, July, and October).

The pads are found on the aisle seat of each pew in the nave, and in each section of the Adult Sunday School Room.

PRAYER REQUESTS will be placed in the weekly bulletin for one month. If you wish to have someone included in the prayer list for more than one month, please call the church office.

ALTAR FLOWERS are presented to the Glory of God and in memory of loved ones by Don and Barb Geedey.

THE DEADLINE FOR ALL ITEMS TO BE INCLUDED IN THE SUNDAY BULLETIN IS THURSDAY NOON.

DIAL-A-PRAYER (436-2100) IS AVAILABLE 24 HOURS DAILY!

JUST A THOUGHT – Cecil Myers, Christian Thinker: Successful marriage is always a triangle, a man, a woman, and God.

CONGREGATIONAL NEWS

TODAY IS BLANKET SUNDAY - Along with all ELCA congregations, you are invited to make a donation to Lutheran World Relief in the special Blanket Sunday envelopes that were attached to the September newsletters throughout the church (envelopes are also available on the table in the Adult Sunday School Room). Make checks payable to Messiah Women of the ELCA and place in the offering plates or give to Cynthia Smith. Please take this opportunity to serve as Christ's helping hands in our world today!

OUR THANKS TO "THE NEEDLERS" for sewing all of the lovely quilts you see today and for decorating the chancel and nave this morning. The quilts on display will be donated by "The Needlers" as their Blanket Sunday offering. A report of the total number of quilts made and other items being sent will be printed in the bulletin after everything is packed for shipment. The quilts will be sent to Lutheran World Relief and also given to Messiah members who are now in nursing homes. The covers on the altar and lecterns were made by Carole Nace.

THE THANKOFFERING SERVICE AND FALL FEST will be held on November 11, 2012. Fall Fest will be immediately following the worship service in the Fellowship Hall. Home-made vegetable soup and beverage will be provided. Everyone is asked to bring a covered dish if they are able. If you are unable to bring something, there is always plenty of food. Mints, chips, etc. are always needed and don't need to be prepared. Watch the October bulletins for sign-up sheets.

AVERAGE WEEKLY OFFERING NEEDED TO FUND 2012 EXPENSES is \$3,250. Offering received on 9/30/12 was \$_____.

RECEIVED IN STAINED GLASS FUND on Sunday, September 30, 2012: \$____. This brings the total received to \$_____ of the total \$85,890 needed for the project. Balance needed to complete funding is \$_____.

THE NEXT PPC MEETING will be held on Sunday, October 21, 2012 at 7:00 p.m. in the Youth Area. PPC Board Directors are asked to submit their proposed 2013 budgets to Ken Eyler by October 14, 2012. You may place them in Ken's mailbox in the church office or by email to keyler@nmax.net. The next Voters Assembly meeting will be held on Sunday, November 18, 2012 following the morning worship service. Business: Quarterly reports of the boards and voting on 2013 proposed budget.

HEATING OIL PROGRAM – For every gallon of heating oil purchased by a member of Messiah Lutheran Church from Nittany Oil Company or Hilltop Oil, they will donate five cents per gallon back to the church's heating oil account. If not already participating in this program, contact the Hilltop office at 436-2647 if you wish to participate.

CARD SHOWER – Joe and Pat Forney have recently moved to a new location to be near their son. Members who would like to send them a card and wish them best of luck in their new home may send them to the following address:

175 Rooney Road
Hedgesville, WV 25427

TO ALL MEMBERS OF MESSIAH – anyone who has scrap metals including aluminum, copper and appliances, please call Randy at 543-3230 or 247-1184 and they will be removed FREE of charge.

WOMEN OF THE ELCA

MESSIAH WOMEN OF THE ELCA continuously collect new bath-size bars of soap (4 oz. to 5 oz., preferably Ivory or unscented Dove) as an on-going project for Lutheran World Relief. Please place soap in the basket on the blue table in the Sunday School Room.

MESSIAH WOMEN OF THE ELCA will meet on Thursday, October 11, 2012 at 7:00 p.m. in the Youth Area. Claire Mummah will have short devotions and we will be packing fabric kits, school kits, and quilts to be sent to Lutheran World Relief.

THE WOMEN OF THE ELCA Juniata Valley Cluster meeting will be held on **Sunday, October 14, 2012** at Messiah Lutheran Church. Registration at 1:30 p.m. and program at 2:00 p.m.

COMMUNITY

MEALS-ON-WHEELS needs a head cook and team for the fourth Tuesday of the month (beginning in November). Also needed, at least two people to help assemble the meals for delivery on the second Friday of the month (needed immediately). Drivers are also needed for several routes. If you can help, please call Dottie Heck at 436-6002 or 717-348-1950 (cell). FOOD PANTRY OCTOBER UPDATE – The Food Pantry plans to join forces with the Boy Scouts, Kiwanis, Salvation Army and **YOU** to bring Thanksgiving and Christmas meals to as many Juniata County families living in poverty as possible. Working as a team and pooling our resources, we can reach more families in need and avoid duplicating services, but we can't do it without **your** help. When the Boy Scouts come to your door in November for their annual food drive—please give generously. If you can help us to start stockpiling the following foods listed below for the holidays, we would really appreciate it. Our goal is to

provide up to 350 families in poverty a meal, at Thanksgiving, and then again at Christmas. In the past, we were only able to provide your neighbors in need one holiday meal—they had to choose between the two holidays.

The Juniata County Food Pantry thanks you for your faithful support of our mission to feed the hungry, and we cordially invite you to our 2012 Annual Meeting on Thursday, October 25, 2012 at 7:00 p.m. The meeting will be in the Food Pantry building at 114 N. Main St., Mifflintown. An overview of the last 12 months at the Pantry will be provided by our board president, Rev. Chris Mathiason, and we will elect new members to the board. We have three vacant positions to fill on the board. If you know anyone in your church or community who may be willing to serve, please email Rev. Chris Mathiason at cmathiason001@luthersem.edu.

FOOD PANTRY NEEDS FOR OCTOBER:

TURKEYS, CRANBERRY SAUCE, STUFFING, CANNED FRUITS AND VEGETABLES, INSTANT MASHED POTATOES, CANNED SWEET POTATOES, GRAVY MIX, CAKE MIX AND READY MADE ICING.

**We also accept donations of cash and local grocery and discount store gift cards!
Remember, our vestibule is open to receive donations any hour, any day!**

**P.O. Box 44, 114 N. Main St., Mifflintown, 17059
Phone # 436-9718, Hours: Mon. & Wed. 2-6, Sat. 9-1**

Please make checks payable to the Juniata County Food Pantry
Contact person: Kathy Queitzsch, email jcfoodpantry@embarqmail.com

HEAVENLY CARAMELS – Heavenly ... and ... delicious! Perfect for gift giving! To order call: Westminster United Presbyterian Church at 436-2219 or email to westminsterupc@pa.net.
Prices: 1 pound box - \$9.00, ½ pound box - \$5.00. Deadline to order is October 21, 2012.

THE AMERICAN RED CROSS will be holding blood drives at the following locations:

Saturday, October 20th
St. Jude's Catholic Church
9:00 am – 2:00 pm
William Penn Hwy., Mifflintown

Tuesday, November 6th
Juniata Mennonite School
1:00 pm – 7:00 pm
289 Leonard Hill Rd., McAlisterville

Friday, November 30th
Walker Grange Hall
1:00 pm – 7:00 pm
William Penn Hwy., Mexico

Individuals who are in general good health, are age 17 or older and weigh at least 110 pounds are eligible to donate blood safely every 56 days. Donors should bring their Red Cross donor cards, photo ID, or two other forms of identification to the donor site. The need for blood never diminishes because blood is a perishable medicine. For more information or to schedule an appointment, visit redcrossblood.org or call 1-800 Red Cross.

THE JUNIATA COUNTY CROP WALK will be held today at Walker Township Park (RAIN OR SHINE!). Short Walk will be 3 laps and Long Walk will be 15 laps. Registration begins at 12:30 p.m. and the Walk begins at 1:30 p.m. Please bring all pledge money today. Donated items for the Food Pantry will be collected at the Walk. Twenty-five percent of pledge money will go to the Food Pantry and the Meals-On-Wheels program. Prizes will be given to persons with pledges totaling \$100 or more. If you have questions, please contact Becky Zeigler at 463-2309 or Kathy Whitesel at 436-2401. (Sign-up sheet and donation envelopes are available in the Adult Sunday School Room.

NURSE'S NOTES – If you're allergic to pollen from ragweed and mugwort (aka wormwood) – two types that predominate the fall – winter weather may not bring relief. For more than 50% of those with such allergies, certain raw foods cause the same kind of scratchy-throat reaction, even when there's no pollen in the air, says Clifford Bassett, MD, clinical assistant professor at NYU School of Medicine. So ... if you are allergic to ragweed, then you may want to avoid: cantaloupe, watermelon, honeydew, zucchini, cucumbers, and bananas. If you are allergic to mugwort/wormwood, avoid: celery, carrots, coriander, parsley, mustard, onions, garlic, black and bell peppers. (*Prevention Magazine*, September 2012, pg. 14)

THIS WEEK AT MESSIAH

- Today:** -9:15 a.m., Sunday School/Catechetical Class.
-10:30 a.m., Worship/World Communion Sunday/Blanket Sunday.
-1:30 p.m., CROP Walk.
- Monday:** -OFFICE CLOSED.
-7 p.m., Bible Study.
-8 p.m., AA meeting.
- Tuesday:** -9 a.m., "The Needlers" in Fellowship Hall.
- Wednesday:** -7 p.m., Choir rehearsal.
- Thursday:** -9 a.m.—2 p.m., Family Resource Program in Youth Area.
-7 p.m., WELCA meeting in Youth Area.
- Friday:** -7 p.m., Square Dancing in Fellowship Hall.
- Sunday:** -9:15 a.m., Sunday School/Catechetical Class.
-10:30 a.m., Worship/Communion/Jr. Church.