Messiah Lutheran Church

3 South Third Street
Mifflintown, PA 17059
Church Office / 436-6213 Dial-A-Prayer / 436-2100

The Reverend William N. Esborn Andrea Cameron Louis Lynch Linda Leister Linda Dreibelbis Pastor Choir Director Organist Lector Altar Guild

FIFTH SUNDAY AFTER EPIPHANY February 6, 2011 – 10:30 a.m.

*Please Stand as **YOU** Are Able

PEOPLE TO REMEMBER IN PRAYER TODAY

Helen C., Marian G., Reba S., Sue C., Flo B., Ethel B., Virginia F., Cathryn R., Arlene M., Goldie K., Jean M., Cassie S., Ruth C., Ray B., Anna Mary Z., Kevin R., Mary Martha G., Avonel and Rick W., Paul W., Bob C., JoAnna C., Fay M., Dorothy P., Ruth C., Arlene K., Helen K., Steve W., Linda R., Arlene D., and George, & Mary Lorraine H. and family.

PREPARATION

CHIMES: CALL TO WORSHIP

PRELUDE

[A Time for Meditation and Prayer]
GREETINGS AND ANNOUNCEMENTS
INTRODUCTION

Light shines in the darkness for the upright, the psalmist sings. Isaiah declares that when we loose the bonds of injustice and share our bread with the hungry, the light breaks forth like the dawn. In another passage from the Sermon on the Mount, Jesus, the light of the world, calls his followers to let the light of their good works shine before others. Through baptism we are sent into the world to shine with the light of Christ.

CHILDREN'S SERMON

Pastor Esborn

CONFESSION AND FORGIVENESS

P Blessed be the holy Trinity, + one God, who spread out the heavens and the earth, who gives light and breath to the nations, who makes all things new.

C Amen

P Let us confess our sin in the presence of God and one another.

Silence is kept for reflection

P Holy and healing God,

- C we confess that we have fallen short of the life you desire for us. We choose our priorities over your commandments. We divide the body of Christ. The earth groans under our demands. Have mercy, O God. Restore us and all things to health, that we may do justice, love kindness, and walk humbly with you.

 Amen
- P Hear the voice from heaven: "You are my own, my beloved." You belong to Christ, and through the power of the cross + your sins are all forgiven. God is faithful and will strengthen you, that your light may shine before others, that you may be God's holy people in the world.
- C Amen
- * SHARING OF GOD'S PEACE
 - P The peace of the Lord be with you always.
 - C And also with you.

Congregational sharing: "Peace be with you."

GATHERING

- * ENTRANCE HYMN "God, Whose Almighty Word"
- * GREETING
 - P The grace of God in Christ Jesus, poured out in every gift of the Holy Spirit, be with you all.
 - C And also with you.
- * KYRIE (C sung)
 - P In peace, let us pray to the Lord.
 - C Lord, have mercy.
 - P For the peace from above, and for our salvation, let us pray to the Lord.
 - C Lord, have mercy.
 - P For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.
 - C Lord, have mercy.
 - P For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.
 - C Lord, have mercy.
 - P Help, save, comfort, and defend us, gracious Lord.
 - C Amen
- * HYMN OF PRAISE (sung to the tune of "Joyful, Joyful, We Adore Thee")
 - 1 Glory be to God in heaven; peace, good will to all the earth.
 Mighty God of all creation, Father of surpassing worth:
 we exalt you, we adore you, we lift high our thanks and praise.
 Saints and angels bow before you; here on earth our songs we raise.
 - 2 Glory be to Christ forever, Lamb of God and Lord of love. Son of God and gracious Savior, you have come from heav'n above; on the cross you died to save us; now you reign at God's right hand. Hear our prayer; restore, forgive us; in your promise firm we stand.

- 3 Holy One we now acclaim you; Lord alone, to you we call; Holy One in faith we name you, God most high, yet near to all: Jesus Christ, with God the Spirit, in the Father's splendor bright. For the peace that we inherit, glory be to God on high!
- * SALUTATION AND RESPONSE (sung)
 - P The Lord be with you

- C And also with you.
- PRAYER OF THE DAY (spoken in unison)
 - P Let us pray...
 - C Lord God, with endless mercy you receive the prayers of all who call upon you. By your Spirit show us the things we ought to do, and give us the grace and power to do them, through Jesus Christ, our Savior and Lord. Amen

WORD

Shortly after the return of Israel from exile in Babylon, the people were troubled by the ineffectiveness of their fasts. God reminds them that outward observance is no substitute for genuine fasting that results in acts of justice, such as feeding the hungry, sheltering the homeless, and clothing the naked.

FIRST READING

A reading from Isaiah 58:1-9a [9b-12]

THE LESSON READS:

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. 2Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. 3"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. 4Look, you fast only to guarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. 51s such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? 61s not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? 7 Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? 8Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. 9Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. [9b] If you remove the yoke from among you, the pointing of the finger, the speaking of evil, ¹⁰if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. 11The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. ¹²Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.]

Lector: Here ends the reading.

Cong: Thanks be to God.

PSALM: Psalm 112:1-9 [10] (responsively)

L Light shines in the darkness for the upright. (Ps. 112:4)

¹Hallelujah! Happy are they who fear the LORD and have great delight in God's commandments!

²Their descendants will be mighty in the land; the generation of the upright will be blessed.

³Wealth and riches will be in their house, and their righteousness will last forever.

⁴Light shines in the darkness for the upright; the righteous are merciful and full of compassion.

5It is good for them to be generous in lending and to manage their affairs with justice.

⁶For they will never be shaken; the righteous will be kept in everlasting remembrance.

⁷They will not be afraid of any evil rumors; their heart is steadfast, trusting in the LORD.

8Their heart is established and will not shrink, until they see their desire upon their enemies.

⁹They have given freely to the poor, and their righteousness stands fast forever; they will hold up their head with honor.

[10The wicked will see it and be angry; they will gnash their teeth and pine away; the desires of the wicked will perish.

ALL Light shines in the darkness for the upright.

Though people such as the Corinthians are enamored with human philosophy and wisdom, Paul continuously presents God's hidden wisdom which is Jesus Christ crucified. True spiritual maturity involves judging ourselves and others in light of God's revelation in the cross.

SECOND READING

A reading from 1 Corinthians 2:1-12 [13-16]

THE LESSON READS:

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. ²For I decided to know nothing among you except Jesus Christ, and him crucified. ³And I came to you in weakness and in fear and in much trembling. ⁴My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, ⁵so that your faith might rest not on human wisdom but on the power of God.

⁶Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. ⁷But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. ⁸None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. ⁹But, as it is written.

"What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" — 10 these things God has revealed to us through the Spirit;

for the Spirit searches everything, even the depths of God. ¹¹For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. ¹²Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [¹³And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

¹⁴Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. ¹⁵Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

¹⁶"For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.]

Lector: Here ends the reading.

Cong: Thanks be to God.

* THE VERSE (sung to the tune of "Rise, O Children of Salvation")
Alleluia! Lord and Savior: open now your saving word. Let it burn like fire within us;
speak until our hearts are stirred. Alleluia! Lord, we sing for the good news that

you bring.

In the Sermon on the Mount, Jesus encourages his followers to be the salt of the earth and the light of the world, doing good works and keeping God's commandments.

* GOSPEL: Matthew 5:13-20

P The Holy Gospel according to Matthew, the 5th chapter.

C Glory to you, O Lord. (sung)

THE GOSPEL READS:

[Jesus said:] 13"You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

¹⁴"You are the light of the world. A city built on a hill cannot be hid. ¹⁵No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. ¹⁶In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

¹⁷"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. ¹⁸For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter will pass from the law until all is accomplished. ¹⁹Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven.

²⁰"For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

P The Gospel of the Lord.

C Praise to you, O Christ. (sung)

SERMON Pastor Esborn

- * HYMN OF THE DAY
- "We Are Marching in the Light"
- * APOSTLES' CREED (all)

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

OFFERING OFFERTORY

[Please pass the Friendship Pad down your pew for all to sign and then back to the center aisle so everyone has the opportunity to read the names. We request that our guests also give us their home address. Thank you].

ANTHEM "One in Love" "Love, Love" Jr. Choir

* SUNG OFFERTORY ('Create in Me')

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence, and take not your Holy Spirit from me. Restore to me the joy of your salvation, and uphold me with your free Spirit.

- * OFFERING PRAYER
 - P Merciful God, as grains of wheat scattered upon the hills were gathered together to become one bread, so let your church be gathered together from the ends of the earth into your kingdom, for yours is the glory through Jesus Christ, now and forever.
 - C Amen
- PRAYERS OF INTERCESSION
 - P As God's beloved children, let us pray that the light of Christ shine on the nations, the church, and all those in need.

A brief silence.

- P From your church to be the salt of the earth and the light of the world, that our good works may give you glory. Let us pray.
- C Have mercy, O God.
- P Use the collective work of government agencies, relief organizations, and advocacy groups to bring an end to injustice, oppression, hunger, and homelessness. Let us pray.
- C Have mercy, O God.
- P Bring healing to lands and waters that are polluted or neglected, and teach us restraint, that the resources of the earth may be distributed justly and fairly. Let us pray.
- C Have mercy, O God.

P Tend to the needs of all who cry out to you, especially those facing economic uncertainty, those without hope, and those living with fear, frief, or illness (especially all of our shut-ins [both at home and in nursing homes], Kevin Reynolds, Mary Martha Gilbert, Avonel and Rick Waller, Paul Woltman, Bob Cameron, JoAnna Cameron, Fay McCormick, Dorothy Patterson, Ruth Crist, Sue Collins, Helen Coder, Arlene Kint, Helen Knox, Steve Welshonse, Linda Rhine, Arlene DeLauter, and George and Mary Lorraine Hazard and family). Let us pray.

C Have mercy, O God.

P Gather this community of faith around the mystery of Christ crucified, that our lives be poured out for one another and for the sake of the world. Let us pray.

C Have mercy, O God.

Here other intercessions may be offered.

- P Gather us, with all your holy ones, to receive what no eye has seen, no ear heard, and no heart conceived: the blessing of unending life in your presence. Let us pray.
- C Have mercy, O God.
- P Receive our prayers and hopes, God of mercy and justice, for we pray in the name of Christ, the light of the world.
- C Amen.
- * THE LORD'S PRAYER ['trespasses'] (all)
 - C Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.
 - Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen

- * BLESSING
 - P God the Father, the Majestic Glory; God the Son, the Morning Star; and God the Holy Spirit, the Comforter, bless you and + grant you peace.
 - C A-men, A-men, A-men (sung)
- * CLOSING HYMN "Christ, Whose Glory Fills the Skies"

MEAL

- * COMMUNION DIALOG (from Isaiah 55)
 - P Let us give thanks to the Lord.
 - C for through these gifts he comes to feed us.
 - P All you who are thirsty, come to the waters. You who have no money, come, receive bread, and eat.
 - C Come, without paying and without cost, drink wine and eat.
 - P Let us come to his table with joy,
 - C for we come as God's invited guests!

* EUCHARISTIC PRAYER

P O God most mighty, O God most merciful, O God our rock and our salvation, hear us as we praise, call us to your table, grant us your life.

When the earth was a formless void, you formed order and beauty. When Abraham and Sarah were barren, you sent them a child. When the Israelites were enslaved, you led them to freedom. Ruth faced starvation, David fought Goliath, and the psalmists cried out for healing, and full of compassion, you granted the people your life.

You entered our sorrows in Jesus our brother. He was born among the poor, he lived under oppression, he wept over the city. With infinite love, he granted the people your life.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering his death, we cry out Amen. [Amen.] Celebrating his resurrection, we shout Amen. [Amen.] Trusting his presence in every time and place, we plead Amen. [Amen.]

O God, you are Breath: send your Spirit on this meal. O God, you are Bread: feed us with yourself. O God, you are Wine: warm our hearts and make us one. O God, you are Fire: transform us with hope.

O God most majestic, O God most motherly, O God our strength and our song, you show us a vision of a tree of life with fruits for all and leaves that heal the nations. Grant us such life, the life of the Father to the Son, the life of the Spirit of our risen Savior, life in you, now and forever.

C Amen.

DISTRIBUTION

["INTINCTION" – dip your wafer in the wine. Come forward by the center aisle and return by the side aisle. All who wish to stand at the chancel rail after partaking for a time of silent meditation are invited to do so].

COMMUNION BLESSING

P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

C Amen

* PRAYER AFTER COMMUNION

P Ever-faithful God, you have taken us again into your arms and nourished us as your dear children. Lead us and guide us, that we may share our bread and your healing light with those who hunger and thirst, through Jesus Christ, our Savior and Lord.

C Amen

- * THE SENDING AND BLESSING OF COMMUNION ASSISTANTS
 - P As we go into the world serving the ministry of Christ, may those who will extend this meal to the homebound take from the Lord's Table what we have received here today; the Body and Blood of our Lord Jesus Christ and his promise of forgiveness. In the name of the Father, the Son and the Holy Spirit.

C Amen

- * DISMISSAL
 - P Go in peace. Share the good news. C Thanks be to God!

POSTLUDE

NEXT WEEK'S LECTOR – Andrea Cameron NEXT WEEK'S ALTAR GUILD – Linda Clark

WELCOME

IF YOU WISH TO USE OR FOLLOW THE LITURGY MUSIC as we proceed through the service today, please use the green portfolios placed on top of the sound control system. In addition, headsets are available in the narthex for our sound enhancement system for the hearing impaired.

VISITORS ARE ALWAYS WELCOME to worship at Messiah. We invite you to register your visit not only in the Friendship Pads, but also in the guest book provided in the narthex. If you are seeking a church home, please speak to the pastor. Our fellowship in Jesus Christ is open and extended to all persons who confess His Lordship over all life. Thank you for worshiping with us. We invite you to return. Visitors are invited to commune with us if they are baptized and, if with us in our faith, they trust Jesus' promise of the presence of the Body and Blood of Christ.

WE INVITE EVERYONE (members and visitors) worshiping with us today to sign the Friendship Pads during the Organ Offertory. If you are a visitor, please be sure to include your address when signing. Please also place a check mark in the box (beside your name) if you are communing today and have not as yet given us a record of your participation in the sacrament during this quarter. (A new quarter begins in January, April, July, and October). The pads are found on the aisle seat of each pew in the nave, and in each section of the Adult Sunday School Room.

ALTAR FLOWERS are presented to the Glory of God and in memory of Mr. and Mrs. Charles S. Miller by family.

PRAYER REQUESTS will be placed in the weekly bulletin for one month. If you wish to have someone included in the prayer list for more than one month, please call the church office.

THE DEADLINE FOR ALL ITEMS TO BE INCLUDED IN THE SUNDAY BULLETIN IS THURSDAY NOON.

DIAL-A-PRAYER (436-2100) IS AVAILABLE 24 HOURS DAILY!

JUST A THOUGHT – Phoebe Palmer, Revival Speaker (commenting upon her conversion): "For many days in succession all sensible, joyous experiences were withheld, and I was shut up to the exercise of 'naked faith in a naked promise.' "

CONGREGATIONAL NEWS

AN ALL-YOU-CAN-EAT SPAGHETTI DINNER, sponsored by the Disciples Class, will be held on Friday, February 11, 2011 from 4:00 to 7:00 p.m. in Messiah Fellowship Hall. Cost is \$6.00 for adults, \$3.00 for children (4-12), and children 3 and under FREE (take-out orders available). Dinner includes spaghetti (with plain or meat sauce), salad, bread, beverage, and dessert. Donations of sauce, spaghetti, etc., or monetary donations would be gratefully accepted. Tickets are available at the door.

FOLDING CHAIRS – Messiah members took most of the old folding chairs. The several that were left over were taken to the nursing home in Richfield. Thanks for helping to clear out a storage area and making the stored chairs useful again.

MESSIAH SIGNS – If you haven't noticed please check out the newly painted wooden Messiah signs on the outside of the west and north sides of the church. They were repainted by Jay Swartz at a cost of \$450.00. However, we received \$225.00 from a Messiah member toward the cost of that project, and it is greatly appreciated. Thanks to all who continue to support Messiah's many projects.

FUEL OIL USAGE – The following list indicates a rather large reduction in the amount of fuel oil we use each year, starting in October of 2008 when McClures were first hired to perform much-needed repairs on the furnace. Along with making the furnace much more efficient, we lowered the temperatures in our buildings. In the past year Fred Gross also worked many hours on the furnace to promote better efficiency. We still need to replace two broken steam traps which will be done soon. The Property Committee is so grateful for all the support from the congregation in our endeavor to significantly cut down on fuel oil expenses.

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2007 – 6500 gallons (average cost per gallon - $2.29)
2008 – 6315 gallons (average cost per gallon - $2.50)
2009 – 4406 gallons (average cost per gallon - $2.19)
2010 – 4707 gallons (average cost per gallon - $2.58)
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RECEIVED IN THE STAINED GLASS FUND on Sunday, January 30, 2011: \$1,050.00. This brings the total received to \$53,964.00 of the total \$85,890.00 needed for the project.

COPIES OF THE JANUARY 16, 2011 PPC MEETING have been placed on the piano in the Adult Sunday School Room. Help yourself.

THE FEBRUARY 2011 "MESSIAH HERALD" is now online! Go to our church website at www.mlcmifflintown.org, click on the "Publications" tab and click on the "February 2011 Newsletter" button. Hard copies are available in the church office, sanctuary, kitchenette, and Fellowship Hall.

VOLUNTEERS NEEDED – Volunteers are needed to submit the weekly Messiah Herald article for the newspaper. There are currently four individuals who submit the article each week. Each person is responsible for 3 months of the year. It can be completed at home on a computer and submitted to The Times and Juniata Sentinel via email: thetimes@nmax.net and csmith@juniata-sentinel.com. Coverage is needed for the months of February, June and October. Anyone who is interested can call the church office at 436-6213.

THE 2011 CAMPING BROCHURES and registration forms for Camp Mt. Luther are available in the church office or on our church website under the "publications" tab. Any young people planning to attend one of the church camps this summer are asked to get their registrations in before April 15th for the early discount.

PHONE BOOK – If anyone has a recent (not current) Harrisburg phone directory they could donate to the church office, it would be greatly appreciated.

SOUPER BOWL SUNDAY – Today our youth will be holding soup pots at the rear of the church. They will join young people in churches across the nation, sharing God's love with those who need our compassion and care. Please support the youth of our church in this effort to "help our neighbors" by dropping a dollar in the soup pot today. Donations will be given to the Juniata County Food Pantry.

FOR UPCOMING VOTERS' ASSEMBLY – Several years ago when Men of Messiah decided to disband, the group gave the church treasurer about \$950 that was in their treasury. The treasurer put the funds into an interest bearing account in the event the group decided to be active at a later time. Recently it was mentioned to some of the former members that the funds were in this account and it was proposed that those funds be used towards the Stained Glass Fund debt. There will be an item in the Voters' Assembly to approve the transfer of these funds which now total \$1,027.46 to the Stained Glass Fund. If anyone has other suggestions for use of these funds, please attend the Voters' Assembly on Sunday, February 20, 2011 following the worship service.

WOMEN OF THE ELCA

MESSIAH WOMEN OF THE ELCA continuously collect new bath-size bars of soap (4 oz. to 5 oz., preferably Ivory or unscented Dove) as an on-going project for Lutheran World Relief. Please place soap in the basket on the blue table in the Sunday School Room.

MESSIAH WOMEN OF THE ELCA will meet on Thursday, February 10, 2011 at 7:00 p.m. in the Youth Area with Linda Leister as devotional leader.

LOVE PROJECT OF MESSIAH WOMEN – We are taught in Matthew 25:31-46 that we are to show our love by caring for those who are in need. We have chosen as our first project of 2011 to assemble Health Kits for Lutheran World Relief. All we need to do is listen to the news about the upheavals in lives that people of the world experience from all sorts of disasters. For February we are asking for hand towels, in the size of 15" or 16" or 16" x 23" or 25" and wash cloths in dark colors. Please place your love gifts on the blue table in the Sunday School Room. We have not set a goal, but last year we were able to put together 141 kits.

COMMUNITY

FOOD PANTRY needs for February: Any non-perishable foods; baby supplies (diapers [sizes 3-6], pull-ups [all sizes], baby shampoo, baby lotion, diaper rash ointment, and wipes.

A TIME OF PRAYER AND BLESSING FOR THE JAM HOUSE will be held on Sunday, February 20, 2011 at 2:00 p.m. at the JAM House. We invite you to join us in praying for this ministry, its residents, staff and board members. The JAM House is a home with a Christian environment for mentally challenged adults of Juniata County. Presently, there are 4 very special adults residing at the JAM House with room for up to 7. Our purpose is to enhance the lives of these individuals by providing a loving, caring, safe, and Christian environment for them, and to help them reach their full potential. We are very much in need of prayer, volunteers, material items, and financial support. For more information, call 436-2163.

NURSE'S NOTES – Thinking about taking a cruise? Here are three stay-healthy tips:

- 1. Wash your hands frequently. If soap and water are not readily available, use an alcohol based hand sanitizer with at least 60% alcohol.
- 2. Avoid eating or drinking anything you suspect may make you ill. Are meats properly prepared and are cold foods served at appropriate temperatures?
- 3. Check out the sanitation scores of cruise shipe before booking: http://wwwn.cdc.gov/InspectionQueryTool/InspectionSearch.aspx

THIS WEEK AT MESSIAH

Today: -9:15 a.m., Sunday School/Catechetical Class.

-10:30 a.m., Worship/Communion/Souper Bowl Sunday.

Monday: -7 p.m., Thrivent meeting in Library.

-8 p.m., AA meeting.

Tuesday: -9 a.m., "The Needlers" in Fellowship Hall.

Wednesday: -7 p.m., Choir rehearsal.

Thursday: -9:30—11:30 a.m., Headstart Program in Youth Area.

-7 p.m., WELCA in Youth Area.

Friday: -4 to 7 p.m., Spaghetti Dinner in Fellowship Hall.

Sunday: -9:15 a.m., Sunday School/Catechetical Class.

-10:30 a.m., Worship/Communion/Jr. Church.