

Messiah Lutheran Church

3 South Third Street
Mifflintown, PA 17059
Church Office / 436-6213 Dial-A-Prayer / 436-2100

The Reverend William N. Esborn
Andrea Cameron
Carole Nace
Bob St. Clair
Andrea Cameron
Christie Holderman

Pastor
Choir Director
Organist
Lector
Cantor
Altar Guild

THIRD SUNDAY OF EASTER

April 22, 2012 – 10:30 a.m.

*Please Stand as **YOU** Are Able

PEOPLE TO REMEMBER IN PRAYER TODAY

Marian G., Reba S., Sue C., Flo B., Ethel B., Virginia F., Cathryn R., Goldie K., Jean M., Cassie S., Helen K., Sis S., Fannie K., Jane M., Fay M., Dorothy P., Ruth C., Ray B., Anna Mary Z., Ryan K., Harry A., Bill W., Ginny W., John S., Lon D., George, Jamie and Luke D., Ed and Ann B., Don C., Sarah D., Nick B., and family of Bill W.

PREPARATION

CHIMES: CALL TO WORSHIP

PRELUDE

[A Time for Meditation and Prayer]

GREETINGS AND ANNOUNCEMENTS

INTRODUCTION

The gospel for the third Sunday of Easter is always one in which the risen Christ shares food with the disciples, meals that are the Easter template for the meal we share each Lord's day. In today's gospel, Jesus both shares the disciples' food and shows them the meaning of his suffering, death, and resurrection through the scriptures: the two main elements of our Sunday worship.

GATHERING

* ENTRANCE HYMN "The Strife Is O'er, the Battle Done"

* GREETING

P Alleluia! Christ is risen!

C Christ is risen indeed. Alleluia!

P The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C And also with you.

* **KYRIE (C - sung)**

P In peace, let us pray to the Lord.

C Lord, have mercy.

P For the peace from above, and for our salvation, let us pray to the Lord.

C Lord, have mercy.

P For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.

C Lord, have mercy.

P For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

C Lord, have mercy.

P Help, save, comfort, and defend us, gracious Lord.

C Amen

* **HYMN OF PRAISE (I & II - Choir C – Congregation)**

C This is the feast of vic-to-ry for our God. Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

I Wor-thy is Christ, the Lamb who was slain, whose blood set us free to be peo-ple of God.

C This is the feast of vic-to-ry for our God. Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

II Pow-er, rich-es, wis-dom, and strength, and hon-or, bless-ing, and glo-ry are his.

C This is the feast of vic-to-ry for our God. Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

I Sing with all the peo-ple of God, and join in the hymn of all cre-a-tion:

Bless-ing, hon-or, glo-ry, and might be to God and the Lamb for-ev-er. A-men.

C This is the feast of vic-to-ry for our God. Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

II For the Lamb who was slain has be-gun his reign. Al-le-lu-ia.

C This is the feast of vic-to-ry for our God. Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

* **SALUTATION AND RESPONSE (sung)**

P The Lord be with you

C And also with you.

* **PRAYER OF THE DAY (spoken in unison)**

P Let us pray...

C Holy and righteous God, you are the author of life, and you adopt us to be your children. Fill us with your words of life, that we may live as witnesses to the resurrection of your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

WORD

After healing a crippled man, Peter preaches to the people how God's promises to Israel have been fulfilled in Jesus. Through the proclamation of Christ's death and resurrection, God is offering them forgiveness and restoration in Jesus' name.

FIRST READING: Acts 3:12-19

The First reading is from the 3rd chapter of Acts.

THE LESSON READS:

¹²When Peter saw it, he addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? ¹³The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. ¹⁴But you rejected the Holy and Righteous One and asked to have a murderer given to you, ¹⁵and you killed the Author of life, whom God raised from the dead. To this we are witnesses. ¹⁶And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.

¹⁷And now, friends, I know that you acted in ignorance, as did also your rulers. ¹⁸In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. ¹⁹Repent therefore, and turn to God so that your sins may be wiped out.

Lector: Here ends the reading.

Congregation: Thanks be to God.

PSALM: Psalm 4

L – The LORD does wonders for the faithful. (Ps. 4:3)

¹Answer me when I call, O God, defender of my cause; you set me free when I was in distress; have mercy on me and hear my prayer.

²"You mortals, how long will you dishonor my glory; how long will you love illusions and seek after lies?"

³Know that the LORD does wonders for the faithful; the LORD will hear me when I call.

⁴Tremble, then, and do not sin; speak to your heart in silence upon your bed.

⁵Offer the appointed sacrifices, and put your trust in the LORD.

⁶Many are saying, "Who will show us any good?" Let the light of your face shine upon us, O LORD.

⁷You have put gladness in my heart, more than when grain and wine abound.

⁸In peace, I will lie down and sleep; for you alone, O LORD, make me rest secure.

ALL – The LORD does wonders for the faithful.

God has loved us in order to make us children of God. Though we do not yet know the full details of our future existence, we trust that God will reveal it just as God revealed Jesus to take away our sins.

SECOND READING: 1 John 3:1-7

The Second reading is from the 3rd chapter of 1 John.

THE LESSON READS:

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. ²Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. ³And all who have this

hope in him purify themselves, just as he is pure.

⁴Everyone who commits sin is guilty of lawlessness; sin is lawlessness. ⁵You know that he was revealed to take away sins, and in him there is no sin. ⁶No one who abides in him sins; no one who sins has either seen him or known him. ⁷Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

Lector: Here ends the reading.

Congregation: Thanks be to God.

* THE VERSE (**Congregation**)

Now the green blade rises from the buried grain, Wheat that in dark earth many days has lain; Love lives again, that with the dead has been; Love is come again like wheat arising green.

In this account of an appearance after his resurrection, Jesus opens the minds of the disciples to understand him as Messiah. Jesus convinces them that he has been raised and sends them on a mission to proclaim the message of repentance and forgiveness.

* GOSPEL: Luke 24:36b-48

P The Holy Gospel according to Luke, the 24th chapter.

C Glory to you, O Lord. (sung)

THE GOSPEL READS:

^{36b}Jesus himself stood among [the disciples] and said to them, "Peace be with you." ³⁷They were startled and terrified, and thought that they were seeing a ghost. ³⁸He said to them, "Why are you frightened, and why do doubts arise in your hearts? ³⁹Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." ⁴⁰And when he had said this, he showed them his hands and his feet. ⁴¹While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" ⁴²They gave him a piece of broiled fish, ⁴³and he took it and ate in their presence.

⁴⁴Then he said to them, "These are my words that I spoke to you while I was still with you — that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." ⁴⁵Then he opened their minds to understand the scriptures, ⁴⁶and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸You are witnesses of these things.

P The Gospel of the Lord.

C Praise to you, O Christ. (sung)

* THE VERSE (**Congregation**)

Forth he came at Easter, like the risen grain, He that for three days in the grave had lain; Raised from the dead, my living Lord is seen; Love is come again like wheat arising green.

SERMON

Pastor Esborn

* HYMN OF THE DAY "Christ Jesus Lay in Death's Strong Bands"

* NICENE CREED (all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven; by the power of the Holy Spirit he became incarnate from the virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen

* PRAYERS OF INTERCESSION

P Enlivened in the resurrection of Jesus Christ, we pray for the life of the church, for those in need, and for all of God's creation.

A brief silence.

P Holy, reconciling God, open our hearts and minds to receive you in the scriptures and in holy meal. Send us forth for the healing and redemption of the world. Hear us, O God.

C Your mercy is great.

P Renew areas of your creation where cold and dormancy is giving way to warmth and new life. Reveal your life-giving action throughout all of creation. Hear us, O God.

C Your mercy is great.

P Usher in peace where lawlessness and disorder reign. Send your calming Spirit to ease tensions and to encourage ways of living beyond conflict and oppression. Hear us, O God.

C Your mercy is great.

P Answer the cries of those who are ailing, who are brokenhearted, and who seek your mercy (especially all of our shut-ins [both at home and in nursing homes], and for Ryan Keresey, Harry Aurand, Bill Walters, Ginny Waller, John Smullen, Lon Diffenderfer, Don Clark, Sarah Dressler, Luke Davis, Nick Beward, and the family of Bill Walters). Deliver them from affliction, and turn their cries to shouts of praise. Hear us, O God.

C Your mercy is great.

P Be present at celebration tables, increasing the joy of those who gather for birthdays, weddings, and parties. Be present at empty tables, filling the hungry and the lonely with hope. Hear us, O God.

C Your mercy is great.

Here other intercessions may be offered.

P Remembering the lives of the saints who shared their faith with us, guide us by your Spirit to live in truth, as we long for the day when we shall live in your fullness. Hear us, O God.

C Your mercy is great.

P Trusting in your abundant mercy, O God, we commend ourselves and all for whom we pray into your care, through Jesus Christ our Savior.

C Amen.

*** SHARING OF GOD'S PEACE**

P The peace of the Lord be with you always.

C And also with you.

Congregational sharing: **"Peace be with you."**

OFFERING

OFFERTORY

[Please pass the Friendship Pad down your pew for all to sign and then back to the center aisle so everyone has the opportunity to read the names. We request that our guests also give us their home address. Thank you].

ANTHEM

*** SUNG OFFERTORY ('vineyards')**

Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of bless-ing. Gath-er a har-vest from the seeds that were sown, that we may be fed with the bread of life. Gath-er the hopes and dreams of all; u-nite them with the prayers we of-fer now. Grace our ta-ble with your pres-ence, and give us a fore-taste of the feast to come.

*** OFFERING PRAYER**

P Blessed are you, O God, ruler of heaven and earth. Day by day you shower us with blessings. As you have raised us to new life in Christ, give us glad and generous hearts, ready to praise you and to respond to those in need, through Jesus Christ, our Savior and Lord.

C Amen

MEAL

*** THE GREAT THANKSGIVING (sung responsively)**

P The Lord be with you.

C And al-so with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C It is right to give him thanks and praise.

* PREFACE

P It is indeed right and salutary ... we praise your name and join their unending hymn:

C Ho-ly, ho-ly, ho-ly Lord, God of pow'r and might: Heav-en and earth are full of your glo-ry. Ho-san-na. Ho-san-na. Ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high-est.

* EUCHARISTIC PRAYER

P Blessed are you, O God of the universe. Your mercy is everlasting and your faithfulness endures from age to age.

Praise to you for creating the heavens and the earth. Praise to you for saving the earth from the waters of the flood. Praise to you for bringing the Israelites safely through the sea. Praise to you for leading your people through the wilderness to the land of milk and honey. Praise to you for the words and deeds of Jesus, your anointed one. Praise to you for the death and resurrection of Christ. Praise to you for your Spirit poured out on all nations.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

With this bread and cup we remember our Lord's Passover from death to life as we proclaim the mystery of faith:

C Christ has died. Christ is risen. Christ will come again.

P O God of resurrection and new life: Pour out your Holy Spirit on us and on these gifts of bread and wine. Bless this feast. Grace our table with your presence.

C Come, Holy Spirit.

P Reveal yourself to us in the breaking of the bread. Raise us up as the body of Christ for the world. Breathe new life into us. Send us forth, burning with justice, peace, and love.

C Come, Holy Spirit.

P With your holy ones of all times and places, with the earth and all its creatures, with sun and moon and stars, we praise you, O God, blessed and holy Trinity, now and forever.

C Amen.

(Sung) Through him, with him, in him, in the u-ni-ty of the Ho-ly Spir-it, all hon-or and glo-ry is yours, al-might-y Fa-ther, now and for-ev-er. A-men.

* THE LORD'S PRAYER ['trespasses'] **(all)**

C Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen

* INVITATION TO COMMUNION

P Jesus said, "I am the true vine. Abide in me as I abide in you."

* LAMB OF GOD **(sung)**

Lamb of God, you take a – way the sin of the world; have mer-cy on us. Lamb of God, you take a-way the sin of the world; have mer-cy on us. Lamb of God, you take a – way the sin of the world; grant us peace.

DISTRIBUTION

["INTINCTION" – dip your wafer in the wine. Come forward by the center aisle and return by the side aisle. All who wish to stand at the chancel rail after partaking for a time of silent meditation are invited to do so].

* COMMUNION BLESSING

P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

C Amen

* POST-COMMUNION CANTICLE **(sung)**

C Thank the Lord and sing his praise; tell ev-'ry-one what he has done. Let all who seek the Lord re – joice and proud-ly bear his name. He re-calls his prom-is – es and leads his peo-ple forth in joy with shouts of thanks-giv-ing. Al-le – lu – ia. Al-le-lu – ia.

* PRAYER AFTER COMMUNION

P Life-giving God, we give you thanks for nourishing us with the bread of heaven and the wine of love, Jesus our risen Savior. As you send us into the world, guard us from the power of evil, keep us in unity with all your people, and by your Spirit move us to testify to your grace in our words and actions; through Christ our Lord.

C Amen

SENDING

* BLESSING

P Almighty God, who raised our Lord Jesus from death, lift you up and restore you to wholeness. Jesus Christ, the Word of life, bless you and send you to be his witnesses. God the Holy Spirit, who renews the whole earth, refresh you in the gift of baptism this day and always.

C A-men, A-men, A-men (sung)

* CLOSING HYMN "Christ the Lord Is Risen Today!"

* DISMISSAL

P Go in peace. Share the good news. Alleluia.

C Thanks be to God. Alleluia.

POSTLUDE

NEXT WEEK'S LECTOR – Linda Bahorik

NEXT WEEK'S ALTAR GUILD – Michelle Stoner

WELCOME

IF YOU WISH TO USE OR FOLLOW THE LITURGY MUSIC as we proceed through the service today, please use the yellow portfolios placed on top of the sound control system. In addition, headsets are available in the narthex for our sound enhancement system for the hearing impaired.

VISITORS ARE ALWAYS WELCOME to worship at Messiah. We invite you to register your visit not only in the Friendship Pads, but also in the guest book provided in the narthex. If you are seeking a church home, please speak to the pastor. Our fellowship in Jesus Christ is open and extended to all persons who confess His Lordship over all life. Thank you for worshiping with us. We invite you to return. Visitors are invited to commune with us if they are baptized and, if with us in our faith, they trust Jesus' promise of the presence of the Body and Blood of Christ.

WE INVITE EVERYONE (members and visitors) worshiping with us today to sign the Friendship Pads during the Organ Offertory. If you are a visitor, please be sure to include your address when signing. Please also place a check mark in the box (beside your name) if you are communing today and have not as yet given us a record of your participation in the sacrament during this quarter. (A new quarter begins in January, April, July, and October). The pads are found on the aisle seat of each pew in the nave, and in each section of the Adult Sunday School Room.

WE EXTEND OUR SYMPATHY to Dutch Walters on the death of his brother, William Walters, who died on April 15, 2012 at Locust Grove. Please keep Dutch and family in your prayers.

PRAYER REQUESTS will be placed in the weekly bulletin for one month. If you wish to have someone included in the prayer list for more than one month, please call the church office.

THE DEADLINE FOR ALL ITEMS TO BE INCLUDED IN THE SUNDAY BULLETIN IS THURSDAY NOON.

DIAL-A-PRAYER (436-2100) IS AVAILABLE 24 HOURS DAILY!

JUST A THOUGHT – J. I. Packer, Canadian Christian Theologian (b. 1926): "There is nothing irrational about believing that God who made the world can still intrude creatively into it."

CONGREGATIONAL NEWS

AVERAGE WEEKLY OFFERING needed to fund 2012 expenses is \$3,250. Offering received on 4/15/12 was \$2,296.

CARD SHOWER – Jean McNaight will celebrate her 90th birthday on April 26, 2012. She is visiting her daughter Anne in Wellsboro. Anyone who wishes to send her a card may send it to the following address:

Mrs. Jean McNaight
C/O Anne B. McNaight
11 Riberolle St.
Wellsboro, PA 16901

Also, if anyone would like to send her a birthday greeting by phone, please call the church office for that number.

MESSIAH RECEIVES THRIVENT CHOICE DOLLARS from Thrivent Financial for Lutherans. Church members that have various products with Thrivent can designate funds from Thrivent to be forwarded to Messiah. When we receive the funds from Thrivent, we receive a list of church members who have funds designated for Messiah and the total amount being remitted, but we do not receive information on amounts being designated by individuals. At present, those funds are being deposited into the church current account. If you have designated or will be designating any funds to be sent to Messiah from Thrivent and you want them to be used in any capacity other than the church current account, please contact church treasurer Ken Eyler at 436-8543 or via email at keyler@nmax.net and provide him with the amount being sent by Thrivent and where you would like to have the funds applied. Upon receipt of that information, funds will be sent to the designated recipient.

SUMMER WORSHIP SERVICES will begin on June 10, 2012 at 9:15 a.m. (Sunday School at 8:15 a.m. if classes are meeting) and end on September 2, 2012. Regular worship services will begin on September 9th.

THE NEW ALTAR GUILD SCHEDULE from June, 2012 through June, 2013 will be completed soon. If you are not already on the Altar Guild and you would like to serve, please notify the church office. If you no longer wish to serve, again let the office know. All Altar Guild members will be sent a copy of the annual schedule in May. Thanks to all for your willingness to serve.

THE NEW LECTOR SCHEDULE from June, 2012 through June, 2013 will be completed soon. If you are not already serving as a Lector (the lay person who reads the scripture lessons at the worship service) and you would like to do so, please notify the church office. Any young people who would like to read on the first Sunday of the month are also asked to notify the church office. If you would like to be deleted from the list, again let the office know. All Lectors will be sent a copy of the annual schedule in May. Thanks to all of you who volunteer for this role in our worship services.

THANK YOU to Messiah Lutheran Church for the beautiful altar flowers and to Christie Holderman for delivering them to us. They were very much appreciated.

Harry & Sara Ann Aurand

WOMEN OF THE ELCA

MESSIAH WOMEN OF THE ELCA continuously collect new bath-size bars of soap (4 oz. to 5 oz., preferably Ivory or unscented Dove) as an on-going project for Lutheran World Relief. Please place soap in the basket on the blue table in the Sunday School Room.

AN INVITATION TO PARTICIPATE in the first 2012 project for Lutheran World Relief by the Messiah Women of the ELCA – FABRIC KITS – Sewing is a valuable skill, one that leads to a reliable income for many women and men. Fabric Kits supply vocational training programs with fabric for teaching sewing, and for newly trained tailors to launch their sewing businesses. Include the following items in each Fabric Kit:

--Two pieces of cotton or cotton-blend fabric (no knits or 100% polyester); fabric should have no stains or holes and should be cut into pieces measuring 2¼ yards of 60" wide fabric, or 3 yards of 44" wide fabric, or 4 yards of 36" wide fabric.

--Two spools of matching or neutral-colored general purpose thread, 250-300 yards each. The following is an example of how the Fabric Kits are used by Lutheran World Relief – BUNDLES OF HOPE – Young women in West Africa face many challenges as they enter early adulthood. Learning marketable skills to support themselves and contribute to their families can often keep them from being married off at a young age. At the House of Hope for Disadvantaged Girls in Bamako, Mali, Fabric Kits are distributed to the 40 young women who live at the school and learn a number of skills—including tailoring—as a means of earning an income.

When choosing fabrics, consider bright colors and colorful prints. If you are not a shopper and want to participate in the project, we will be glad to do your shopping. Just give your donation to Cynthia Smith or Linda Leister.

Matthew 25:40; And the King will answer and say to them, "Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me."

COMMUNITY

THRIVENT EVENT – The Juniata County Chapter of Thrivent Financial for Lutherans will host a program entitled "Identity Theft: What You Need to Know" at Messiah Lutheran Church on Sunday, May 20, 2012 in the Fellowship Hall. The program will begin at 12:00 p.m. and lunch will be provided. The program and lunch are open to the public. Please contact Esther Bratton at 436-8856 or Francene Zimmerman at 436-5566 by Sunday, May 6th to register.

MEALS-ON-WHEELS needs a head cook and team for the fourth Tuesday of the month (beginning in November). Also needed, at least two people to help assemble the meals for delivery on the second Friday of the month (needed immediately). Drivers are also needed for several routes. If you can help, please call Dottie Heck at 436-6002 or 717-348-1950 (cell).

THE PENNSYLVANIA COUNCIL OF THE BLIND, Carl Shoemaker Chapter, and Radio Reading Service (formally CARRS), will hold its annual Walk for Sight Walkathon on Saturday, May 19, 2012 beginning at 9:30 a.m. Walk will be a state-wide Walkathon again this year and will be a distance of approximately 6 miles. Registration will be from 9:00 to 9:30 a.m. Walk will begin and end at Messiah Lutheran Church. Prizes will be awarded and refreshments will be provided. Children under the age of 10 must be accompanied by an adult. Your support for this annual event would be greatly appreciated. To obtain a sign-up sheet or for more information, call Geraldine Zeigler at 436-2746.

FOOD PANTRY NEEDS FOR APRIL:

ALL NON-PERISHABLE FOODS

SHAMPOO, DEODORANT & FIRST-AID SUPPLIES

*WE ALSO GLADLY ACCEPT DONATIONS OF CASH AND GIFT CARDS

ELCA MALARIA CAMPAIGN – Malaria is a leading cause of death in Africa, claiming the life of a child every 45 seconds. In Liberia, malaria accounts for 30 percent of all deaths seen in hospitals. Since the launch of the ELCA Malaria Campaign last year, Lutheran churches in Angola, Mozambique, Zambia and Zimbabwe are working to control this disease – distributing mosquito nets and medicine, as well as educating communities on prevention. However, we don't yet have the funds to begin this work in Liberia. Congregations are invited to join other congregations across America to take an offering for World Malaria Day on Sunday, April 29, 2012 and help make this dream a reality. Checks may also be mailed to the ELCA Malaria Campaign, P.O. Box 71764, Chicago, IL 60694-1764. Be sure to include "World Malaria Day" in the memo line.

NURSE'S NOTES – "**Little white lies ...** You've been told to 'eat the rainbow' because colorful foods are the most nutritious. But not all pale food is bad – white fruits and vegetables provide protection against stroke, according to the journal **Stroke**. Researchers credit apples and pears, whose skins are rich in the protective flavonoid quercetin." (*Prevention Magazine*, March 2012, pg. 16)

THIS WEEK AT MESSIAH

- Today:** -9:15 a.m., Sunday School/Cate. Class.
-10:30 a.m., Worship/Communion/Jr. Church.
- Monday:** -8 p.m., AA meeting.
- Tuesday:** -9 a.m., "The Needlers" in Fellowship Hall.
- Wednesday:** -7 p.m., NA group in Youth Area.
-7 p.m., Choir rehearsal.
- Friday:** -7 p.m., Square Dancing in Fellowship Hall.
- Sunday:** -FOOD PANTRY SUNDAY.
-9:15 a.m., Sunday School/Cate. Class.
-10:30 a.m., Service of Healing/Communion/Jr. Church.
-Special offering for World Malaria Day.